



ROUND-UP

A weekly digest of happenings in the Sons of The American Legion

Next Goal

90%

April 19, 2023

Volume 4 | Number 28 | Issue 178 | April 2, 2023

April is Children and Youth Month



Children and Youth programs are one of the four pillars of the American Legion. As members of the Sons of the American Legion, part of our commit-

ment is to support those four pillars and the Children and Youth program offers many opportunities to show your support.

Local Youth groups – Scouting, Youth sports teams, and others are always looking for help- whether it is for volunteers or for financial donations. Or would your members be better engaged in fund raising activities for a family with a child who is sick and needs help with medical costs? Another possibility is providing Children and Youth publications from the American Legion to local libraries: whatever it is, each Squadron can be actively involved in the Children and Youth program.

How about offering a fun-filled Children and Youth academy for your younger Squadron members? Begin with the basics- make the program informative but enjoyable. Start planning now on promoting future leadership in your Squadrons and Detachments.

For more information, please go to The American Legion website at www.legion.org.

Whatever you do, remember to promote, publicize, and include on your year-end Consolidated Squadron Report.

Our National Children and Youth Committee is working hard to promote this program and we thank our blue cap members for their support.

James A. Noble

James A. Noble (NJ) - Chairman
National Children and Youth Committee
Sons of The American Legion



ROUND-UP

National Commander

Chris Carlton (IN)

National Vice-Commander Central Region

David Mennel (MI)

National Vice-Commander Eastern Region

Ernie LaBerge (MA)

National Vice-Commander Midwestern Region

Michael Kirschner (CO)

National Vice-Commander Southern Region

Ron Roberts (MS)

National Vice-Commander Western Region

Jack Youngs (ID)

Immediate Past National Commander

Michael Fox (CA)

Leading Candidate

Don "J.R." Hall (MD)

Trailing Candidate

Joseph Navarrete (NM)

Round-Up is a publication designed to disseminate information related to Sons of The American Legion and the American Legion Family. It is published weekly and distributed each Sunday.

SUBMITTING ARTICLES: All submissions are to be made electronically to jef-fvrabelsr@gmail.com. If you need assistance, please send an email to same.

PNVC [Jeff Vrabel, Sr.](#), Editor

[Rusty Myers](#), Contributor

[Lou Michaels](#), Contributor

All information must be submitted by noon each Friday



The current SAL membership report can be accessed on the national website at www.legion.org/membership/standings



RENEW ONLINE TODAY



MEMBERSHIP RENEWAL

TARGET DATE

April 19, 2023



CHRIS CARLTON NATIONAL COMMANDER 2022 – 2023



Chris Carlton, National Commander
Sons of The American Legion

"Purpose is why we journey;
passion is the flame that lights the way."

PURPOSE PASSION



DAVID MENNEL
NATIONAL VICE-COMMANDER
CENTRAL REGION
2022 – 2023

MONTHLY BUSINESS MEETING

Third Thursday of Each Month
8:00 p.m. Eastern Time
(720) 527-5854 | 202 4742#



ERNIE LABERGE
NATIONAL VICE-COMMANDER
EASTERN REGION
2022 – 2023

MONTHLY BUSINESS MEETING

Fourth Tuesday of Each Month
7:00 p.m. Eastern Time
(605) 313-4388 | 346 8542#



MICHAEL KIRSCHNER
NATIONAL VICE-COMMANDER
MIDWEST REGION
2022 – 2023

MONTHLY BUSINESS MEETING

First Tuesday of Each Month
7:00 p.m. Mountain Time
(605) 313-5379 | 830 520

Here is the information that was requested to be sent out during our last regional call concerning the ALF dogs. Thanks as always for all you do for OUR great organization, community, veterans, youth, and just as important each other. Always remember that anyone of us at some point can BE THE ONE!!

https://mcusercontent.com/6ef10721cb8936b95f6130579/files/939ce957-abe0-b9b4-ce4e-2609c108b991/ALF_Donation_Flier.pdf



RON ROBERTS
NATIONAL VICE-COMMANDER
SOUTHERN REGION
2022 – 2023

MONTHLY BUSINESS MEETING

Second Tuesday of Each Month
7:00 p.m. Central
(945) 218-0044 | 472 0682



JACK YOUNGS
NATIONAL VICE-COMMANDER
WESTERN REGION
2022 – 2023

MONTHLY BUSINESS MEETING

Fourth Wednesday of Each Month
7:00 p.m. Mountain Time
[Join Zoom Meeting](#)
Meeting ID: 847 2013 6661 | 697 464

BE THE ONE



Suicide prevention training educates Missouri Legionnaires to listen

The American Legion | March 29, 2023

American Legion Roscoe Enloe Post 5 in Jefferson City, Mo., wanted to support the “Legion’s Be” the One suicide prevention campaign by helping others know how to identify warning signs and “Be the One” to save the life of a veteran in crisis.

On Saturday, March 25, the post hosted a veteran suicide awareness training event with Jon Sabala, director of Veterans Services with the Missouri Department of Mental Health. Sabala is a certified Question, Persuade, Refer (QPR) suicide prevention program instructor through [QPR Institute](#). He educated attendees on how to recognize clues or suicidal communication, how to listen and how to get the person in crisis immediate help.

"We want to support Be the One. We know how important this is," said Post 5 Commander Dee Dee Cryderman. "Missouri is ranked No. 19 (among states) in suicides, so we really wanted to get this training and awareness out there. It was an awareness of what you should be looking for and how you should handle it. Because the more we get the awareness out there, the better we can help our people."

The training was free and open to the community. Around 30 people attended, including Legion Family members from Post 5 and other nearby posts, and the community.

"It's not just veterans. There's suicide among our young community too," Cryderman said. "That's why we wanted to open it up to the public, because sometimes parents may not be hearing the clue words and then it's too late. So, awareness is a lot of that."

In his training, Sabala provided direct verbal clues that may be communicated such as "I wish I were dead" while indirect verbal clues may be "I'm tired of life. I just can't go on." Listening for these verbal clues was advocated by Sabala, Cryderman said.

"If you see someone struggling, listen to them," she said. "Don't take over the conversation. Let them talk. Let them know that they're not by themselves; you're there. Engage to get them in a positive attitude and get them some help. To help with identifying clue words, role play scenarios were done among the attendees."

"It was good to see the role playing and hear it because you could pull out those clue words. There are times in my life where I have heard these words, but I never picked up on them. If you don't know those clue words you could have someone sitting in front of you and they're saying them, but you don't catch on," said Cryderman, adding that afterward it may be too late. "You think, 'Could I have done something if I only knew?' I'm sure all of us know someone who died by suicide, and you walk away with that feeling of, 'Why didn't I know?' They don't always come looking for help. They do it in their words or their actions."

QPR training educates on how to:

- Question someone if they are suicidal;
- Persuade the person to live;
- Refer them to help.

"You are not expected to treat people that are experiencing a suicidal crisis," Sabala said to the News Tribune. "This is not your role. What you will do is learn how to offer hope and positive action. So, asking about suicide cuts through

that darkness. And lets them think, 'Oh my gosh, someone sees me and someone cares.'"

Cryderman said the training was well received with great feedback and would like to see the QPR training hosted at the post at least once a year.

"A lot of people are nervous when you talk about mental health," she said. "But you know what, it's there. We have to address this. It does affect everyone. We have to take care of our veterans; we have to take care of our people. We just need to listen more."

If you're a veteran in crisis or concerned about one, contact the Veterans Crisis Line to receive 24/7 confidential support. Dial 988 then Press 1, chat online at VeteransCrisisLine.net/Chat or text 838255.



Tennessee Legionnaires walk to inspire others to 'Be the One'

[Steven B. Brooks](#) | March 29, 2023

For over five years, Department of Tennessee First District Commander Jim McLaughlin has been a part of a group called Greater Smokey Mountain Vet2Vet, which meets at his home Post 104 in Sevierville and allows veterans to learn more about dealing with post-traumatic stress disorder and military sexual trauma while interacting with fellow veterans.

McLaughlin calls it "peer listening," rather than peer counseling. "We try to come up with coping mechanisms," he said. "I give them my card, which has my cell phone number, and it is nothing unusual for my phone to go off at 11:30 at night. And I just listen, and you help them through it as best as you can. That's how you be the one."

Trying to head off veteran suicide at the local level is a passion for McLaughlin. So, when he learned The American Legion had launched its national ["Be the One"](#) suicide-prevention initiative, he was "ecstatic. I went nuts. Our

American Legion recognizes that all of the millions of dollars that the (Department of Veterans Affairs) is throwing at the (daily veteran suicides) just isn't working. What's going to work is us, individually, being there for our brothers and sisters."

McLaughlin was among around 50 American Legion Family members and others in Bristol, Tenn., area taking part in Hackler-Wood American Legion Post 145's "Be the One" walk March 25. The group walked 2.2 miles round trip from the post to the Veterans Memorial at Cumberland Square Park, carrying the U.S. and multiple American Legion flags, wearing "Be the One" clothing and spreading the word about the initiative.

"This is a perfect example (of 'Be the One')," McLaughlin said. "We're going to scream to the high hills in Bristol, Tenn. Just come see us. We're here. We're available to help if needed."

The walk was the idea of Sons of The American Legion Squadron Commander Rick Minnick. "The American Legion has made it a priority for 'Be the One' this year," he said. "I just thought that it would be something worthwhile to do for our community and for our veterans – to help them and give them the resources."

McLaughlin said he found out about the walk-through Post 145 Adjutant Roy Davis, who sent him the flyer for the event. "I told (Davis), 'I need to talk to that young adjutant,'" he said. "(Minnick) said, 'Commander, I'm not sure how big this is going to be, but it's something I think our post should do.' I told him, 'Watch. You're going to get more than your post.'" The result was representatives from eight American Legion posts, as well as two American Legion Auxiliary units and two SAL squadrons. Seeing that kind of participation brought a smile to the face of East Tennessee Vice Commander Todd McKinley, a member of Hammond Post 3 in Kingsport.

"It's more important than one person or one post or one district," McKinley said. "And you have (non-Legion Family members) here who never served and aren't part of anything in The American Legion, which is good. It means they're concerned, the community's concerned and the understand what's going on and why we're here."

McKinley knows what it's like to lose someone close to him through suicide. "My best friend, he committed suicide on Christmas Eve in 2017," he said. "Had I maybe been a little more aware of the signs, I could have maybe reached out to him a little better and helped prevent that. This is the way

to educate the public – and every one of us, too – and be aware of what the signs are.

"It's something that people kind of overlook and is preventable. Suicide is very preventable. It's a matter of reaching out to someone sometimes and letting them know you care."

Karen Nunan, a U.S. Marine Corps veteran and chairman of Tennessee's East Division and First District Women Veterans Committee, also made the trip to take part in the walk. "I wanted my post to be represented and support what it's all about, which is preventing veteran suicides," said Nunan, vice commander of Post 52 in Morristown. "It's a shame that these people would serve their nation and then feel they had to take their lives afterward."

A two-hour drive each way didn't deter Mike Testerman, commander of American Legion Post 2 in Knoxville, from making his way to Bristol for the event. "It's that important," he said. "I've lost guys that I served with to suicide, and we need to be aware of it and make as many people as we can aware of it. And that we're losing a lot of people for no reason. There are those demons and things out there that we have to take care of."

Tennessee National Executive Committeeman Robert Hensley, a member of Post 61 in Mountain City, was in attendance and said that "Be the One" is "a part of being a member of The American Legion. This is what we're about: taking care of each other. This is our national commander's thing and the best thing we can do: bring attention to suicide prevention, not only to our veterans, but to everyone.

"Most people I talk with are not aware of the numbers. And they don't know why we're doing this until we tell the story. That's what this is all about."

With the forecast originally calling for rain, Minnick said he wasn't sure how many people would attend the walk. But the rain moved out, participants were able to walk under the sun with temperatures in the mid-60s.

"I was very pleased with the turnout. I was afraid we wouldn't have a lot of people show up today, especially because of the weather," Minnick said. "But it turned out to be a beautiful day, and I got a lot of positive feedback. I'm very humbled."

Post 145 Commander Butch Rhymer praised Minnick for planning the walk and hoped it made an impact on Bristol residents. "Very few people are understanding of (the amount of daily veteran suicides), whether it's for health

reasons (or) PTSD reasons,” he said. “We feel it’s important that the community needs to know and be able to support caregivers, anyone, and be the one to make the phone call and prevent a veteran suicide. We don’t want families, caregivers, children especially, to go without their family members – especially because of suicide.”

At the Veterans Memorial, the participants took a break before heading back to the post. There, McLaughlin noted that the 50 or so walkers had been noticed. “Walking through the streets of Bristol, we definitely got (the public’s) attention,” he said. “And when they [watch on the news this evening](#), they’re going to understand why.”

That’s what Minnick wanted. “Hopefully, if someone saw us walking today or wondered what we were doing, they could help one person,” he said. “If they help one person, then today was a success.”

If you’re a veteran in crisis or concerned about one, contact the Veterans Crisis Line to receive 24/7 confidential support. Dial 988 then Press 1, chat online at VeteransCrisisLine.net/Chat or text 838255.



NATIONAL COMMISSIONS & COMMITTEES

Advisory Committee

Joe Mayne (MN), Chairman

Americanism Commission

Chris Casey (NE), Chairman
Fourth Thursday of Bi-monthly
7:30 p.m. Eastern

[Join Zoom meeting](#)

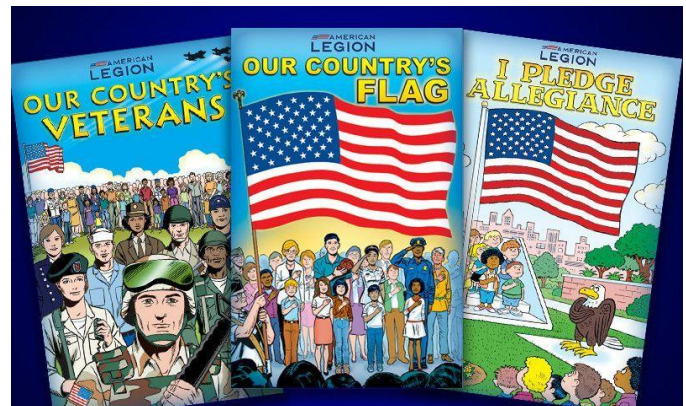
Meeting ID: 956 9846 2868 | 840 830 | (877) 853-5257

May 25 | July 27



**FLYING FLAGS
FOR HEROES**
www.flyingflagsforheroes.com

As of March 30, 2023, **15,423**
flags have been placed and
reported to honor our veterans
since **September 1, 2022**



Updated youth comic books instill respect for veterans and the U.S. flag

The American Legion | March 29, 2023

The American Legion has been instilling pride and respect for the U.S. flag through its Rally Around the Flag campaign. Under this campaign was an overhaul of three popular American Legion youth comic books sold through Emblem Sales – “I Pledge Allegiance,” “Our Country’s Veterans” and “Our Country’s Flag.”

“[I Pledge Allegiance](#)” is a fun, interactive activity book for elementary students that educates on why we recite the Pledge of Allegiance, what each word means and why our flag is important. A group of classmates follow a bald eagle named Abe as he shares these answers, and explains much more such as why we have 50 stars and 13 stripes and how

Family Fun Day
Free Fun for the Whole Family

THE AMERICAN LEGION **FAMILY**

FREE!

SUNDAY, APRIL 2ND
11am to 3pm

FEATURING:
Go Fusion N Grill Food Truck ~ Live Entertainment
Midway Games & Bounce House ~ Face Painting
Art Deco Bar ~ Painting Workshop ~ Canned Food Drive and More!

HOLLYWOOD POST
THE AMERICAN LEGION
2035 N. Highland Ave - Los Angeles, CA 90068

to recite the Pledge properly (hand over heart, etc.). For activities, the comic book features an American flag for kids to color, a set of pictures that asks students to put an X where people are showing allegiance to the flag, a blank box to draw what freedom means, space to write in our freedoms, a connect the dots and a matching game.

[“Our Country’s Veterans”](#) comic book educates youth about what a veteran is, the variety of roles they can do in the armed forces, their service and sacrifice, how to thank a veteran and how to be a good citizen. The story is about four youth who help with the dedication of a new veterans memorial, hear the stories and contributions of people they know who have served in military, and share in the importance of thanking America’s veterans. It’s a great educational tool for Legion Family members to give to elementary students to help them understand the military service of our men and women.

[“Our Country’s Flag”](#) is a story about how the U.S. flag inspired four friends who grew up to lead different lives – a teacher, congresswoman, police officer and Army nurse. The comic book also walks youth in ways they can show what freedom means to them such as paying respect to the flag by reciting the Pledge of Allegiance, respecting, and obeying the law and volunteering for public service. And it gives examples of how to treat the flag with respect, including to bring an unserviceable flag to a local American Legion post for proper disposal. This comic book is an educational tool Legion Family members can give to elementary students to help them understand the importance of our flag, how to show respect for the flag, and how to protect our country’s freedom.

Century Committee (CENTCOM)

Jeff Vrael, Sr. (OH), Chairman

[Join Zoom Meeting](#)

Second Thursday of Each Month

7:00 p.m. Eastern Time

Meeting ID: 974 1352 0429 | 473 385 | (877) 853-5257

Child Welfare Foundation Committee

Mark Nave (PA), Chairman

Third Wednesday of Each Month

8:00 p.m. Eastern Time

[Join Zoom Meeting](#)

Meeting ID: 989 9129 8443 | 967 563
(877) 853-5257

Children & Youth Committee

James A. Noble (NJ), Chairman

Second Wednesday of Each Month

7:30 p.m. Eastern Time

[Join Zoom Meeting](#)

Meeting ID: 934 1509 0014 | 403 800 | (877) 853-5257

SONS OF THE
AMERICAN
LEGION
DETACHMENT
OF
NEBRASKA



Children & Youth Academy

SATURDAY, JUNE 24TH 1:00PM-4:30PM

YOUNES CONFERENCE CENTER SOUTH

416 W. TALMADGE RD.

KEARNEY, NE 68845

Calling all school-aged American Legion Family members. Join the Detachment for our first ever Children & Youth Academy. The earlier we involve our youth, the brighter our future will be!

"Education is not the filling of a pail, but the lighting of a fire"
-William Butler Yeats

TRAINING WILL INCLUDE:
FLAG EDUCATION
ROLES & RESPONSIBILITIES
PROTOCOL FACT & FICTION



Finance Commission

William G. Hill (MD), Chairman

8:00 p.m. Eastern Time

[Join Zoom meeting](#)

Meeting ID: 957 1342 7326 | 44846 | (877) 853-5257

April 13 | May 6 (NEC) | July 13

Internal Affairs Commission

William Clancy, III (NY), Chairman

First Thursday of Each Month

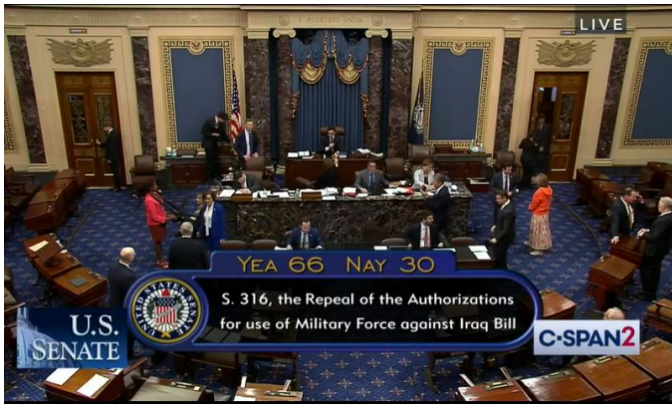
6:00 p.m. Eastern Time

[Join Zoom Meeting](#)

Meeting ID: 917 1243 8217 | 914 458 | (877) 853-5257

Legislative Commission

Thomas G. Deal (MD), Chairman
Third Thursday of ODD Months
7:30 p.m. Eastern Time
[Join Zoom Meeting](#)



Senate passes bill to repeal Iraq war authorizations

The American Legion | March 29, 2023

It's been 20 years since the United States invaded Iraq and the Senate passed legislation today that finally puts an end to the war.

In a 66-30 vote, Senators passed S.316 that repeals the 1991 and 2002 Authorizations for the Use of Military Force (AUMFs) to formally end the Gulf and Iraq wars. The legislation also puts the responsibility of authorization to declare war back on Congress.

The American Legion has long supported the repeal and [held a press conference following the March 16 vote of 68-27](#) to advance the legislation. The conference was held alongside Sens. Todd Young, R-Ind., and Tim Kaine, D-Va., who have led the bipartisan effort to repeal the 1991 and 2002 AUMFs. Kaine and Young expressed in their remarks that the reason for the repeal is because "the enemy who we declared war against in '91 and '02 is no more" and for Congress to uphold "our most fundamental responsibility as federal legislatures to oversee the authorization of force, the conduct of military operations and ultimately oversee the circumstances under which we bring the men and women" into combat.

Article 1 in the U.S. Constitution states that Congress has the authority to declare war, but Kaine emphasized that previous administrations "of both parties have been unwilling to exercise the Article 1 responsibility for looking at matters for war, peace and diplomacy because it's tough

politics" and often defer to the president to make the decision.

"It is time for Congress to have their voice heard," Young said. "I believe this will establish a very important precedent moving forward so the people I represent, the people Sen. Kaine represents, know that their voice will matter when it comes to important decisions of war and peace."

The legislation now heads to the House for a vote, where Senate Majority Leader Chuck Schumer, D-N.Y., said there is bipartisan support for the legislation to pass and be signed it law. Schumer said the vote to repeal the Iraq AUMFs honors the "over 4,000 who died in Iraq and their families, our servicemembers who served there, our veterans and all of the communities impacted by the war. We owe it to all of them to act."

Member Training and Development Committee

Mike Monserud (IA), Chairman
First Monday of Each Month
8:00 p.m. Eastern
[Join Zoom Meeting](#)

Meeting ID: 918 2414 1981 | 777 490 | (877) 853-5258

Membership Committee

Thom Skelley (TX), Chairman
Third Tuesday of Each Month
7:00 p.m. Eastern Time | (605) 472-5756 | 771 7294

The current SAL membership report can be accessed on the national website at
www.legion.org/membership/standings

SAL Online Renewal - members can login and renew direct via www.myLegion.org or quick renew by clicking here [SAL Online Renewal](#)

SAL New Member Kit is now online and ready for purchase.
[New Member Kit \(SAL\) - American Legion Flag & Emblem](#)

additional membership information appears later in this edition



**YOUR
MEMBERSHIP
MATTERS**

2023 SAL MEMBERSHIP REPORT AS OF: MARCH 30, 2023

#	DETACHMENT	2023 DET. YEAR END GOAL	NEEDED TO MEET 90% TARGET 4/19/2023	2023 ACTUAL MBRSHIP	% OF YEAR END GOAL	2023 RENEWAL %
1	HAWAII	77	-24	93	120.78%	100.00
2	SOUTH DAKOTA	1,362	-254	1,480	108.66%	86.70
3	PUERTO RICO	123	-20	131	106.50%	85.95
4	MEXICO	31	-4	32	103.23%	51.61
5	FRANCE	158	-13	155	98.10%	87.82
6	FLORIDA	21,519	-1,437	20,804	96.68%	78.33
7	OREGON	1,414	-82	1,355	95.83%	75.82
8	WEST VIRGINIA	2,362	-126	2,252	95.34%	78.21
9	DELAWARE	2,430	-118	2,305	94.86%	80.11
10	GEORGIA	4,490	-216	4,257	94.81%	79.82
11	MICHIGAN	24,271	-1,167	23,011	94.81%	83.10
12	MARYLAND	16,058	-697	15,149	94.34%	84.32
13	SOUTH CAROLINA	1,473	-60	1,386	94.09%	79.10
14	MAINE	2,617	-104	2,459	93.96%	80.88
15	VIRGINIA	4,109	-157	3,855	93.82%	79.73
16	WISCONSIN	4,187	-151	3,919	93.60%	81.26
17	OHIO	30,636	-875	28,447	92.85%	84.74
18	VERMONT	3,818	-103	3,539	92.69%	83.81
19	PENNSYLVANIA	60,803	-1,423	56,146	92.34%	84.24
20	TENNESSEE	1,718	-38	1,584	92.20%	74.41
21	NORTH DAKOTA	1,056	-23	973	92.14%	81.02
22	ILLINOIS	13,398	-281	12,339	92.10%	82.74
23	NEBRASKA	7,015	-128	6,441	91.82%	86.92
24	NEW HAMPSHIRE	5,677	-101	5,210	91.77%	80.12
25	KANSAS	5,919	-90	5,417	91.52%	81.34
26	COLORADO	2,729	-40	2,496	91.46%	77.84
27	NORTH CAROLINA	2,727	-31	2,485	91.13%	74.19
28	ARIZONA	8,004	-74	7,278	90.93%	72.08
29	IOWA	4,857	-43	4,414	90.88%	79.95
30	MISSOURI	3,219	-16	2,913	90.49%	79.26
31	IDAHO	644	-2	582	90.37%	72.35
32	WASHINGTON	2,485	2	2,235	89.94%	70.23
33	NEVADA	357	0	321	89.92%	67.40
34	LOUISIANA	1,790	4	1,607	89.78%	79.90
35	ALASKA	1,808	4	1,443	89.74%	71.39
36	ALABAMA	2,066	8	1,851	89.59%	76.03
37	NEW YORK	29,864	159	26,719	89.47%	81.27
38	INDIANA	36,387	235	32,513	89.35%	81.20
39	CONNECTICUT	1,867	13	1,667	89.29%	79.16
40	NEW MEXICO	1,483	18	1,317	88.81%	70.88
41	MINNESOTA	11,378	175	10,065	88.46%	80.34
42	RHODE ISLAND	336	5	297	88.39%	75.45
43	MONTANA	1,108	22	975	88.00%	81.74
44	MISSISSIPPI	722	15	635	87.95%	74.73
45	OKLAHOMA	1,348	32	1,181	87.61%	68.66
46	CALIFORNIA	10,714	288	9,355	87.32%	72.72
47	MASSACHUSETTS	5,442	206	4,692	86.22%	75.95
48	NEW JERSEY	9,386	438	8,009	85.33%	75.62
49	TEXAS	5,569	349	4,663	83.73%	68.14
50	WYOMING	1,298	93	1,075	82.82%	72.60
51	PHILIPPINES	70	8	55	78.57%	77.94
52	UTAH	449	65	339	75.50%	61.05
53	KENTUCKY	2,809	403	1,945	74.55%	63.32
54	ARKANSAS	447	91	311	69.57%	58.96
55	DIST OF COL.	114	36	67	58.77%	46.90
Grand Totals:		367,798	-5,226	336,244	91.42%	80.64

National Convention Committee

Christopher Byrd (NC), Chairman

[Join Zoom Meeting](#)

Meeting ID: 961 5391 3982 | 690 337 | (877) 853-5257

National Executive Committee

Liaison Committee

Jim Stewart (NV), Chairman

National Vice-Commander

Selection Committee

James Hartman (MD), Co-Chairman

David Stephens (IN), Co-Chairman

Public and Media Communications Commission

Kevin Chaplin (VA), Chairman

Fourth Tuesday of Each Month

8:00 p.m. Eastern Time

[Join Zoom Meeting](#)

Meeting ID: 963 1528 2340 | 075 079 | (877) 853-5257

If you would like to view the Digital Dispatch content visit www.legion.org/dispatch or you can subscribe to the monthly Digital Dispatch newsletter by visiting www.legion.org/newsletters, click on "Dispatch" where you will be directed to www.myLegion.org where members will sign in to subscribe. For questions about Dispatch stories, email Dispatch@legion.org.

2023 SAL REGIONAL BREAKDOWN

WESTERN REGION - JACK A. YOUNGS (ID)			
Detachment	Goal	Actual	% of Goal
HAWAII	77	93	120.78%
OREGON	1,414	1,355	95.83%
ARIZONA	8,004	7,278	90.93%
IDAHO	644	582	90.37%
WASHINGTON	2,485	2,235	89.94%
NEVADA	357	321	89.92%
ALASKA	1,808	1,443	89.74%
CALIFORNIA	10,714	9,355	87.32%
PHILIPPINES	70	55	78.57%
UTAH	449	339	75.50%
Totals:	25,822	23,056	89.29%

MIDWEST REGION - MICHAEL L. KIRSCHNER (CO)			
Detachment	Goal	Actual	% of Goal
SOUTH DAKOTA	1,362	1,480	108.66%
MEXICO	31	32	103.23%
NORTH DAKOTA	1,056	973	92.14%
NEBRASKA	7,015	6,441	91.82%
KANSAS	5,919	5,417	91.52%
COLORADO	2,729	2,496	91.46%
NEW MEXICO	1,483	1,317	88.81%
MONTANA	1,108	975	88.00%
OKLAHOMA	1,348	1,181	87.61%
TEXAS	5,569	4,663	83.73%
WYOMING	1,298	1,075	82.82%
Totals:	28,918	26,050	90.08%

CENTRAL REGION - DAVID J. MENNEL (MI)			
Detachment	Goal	Actual	% of Goal
MICHIGAN	24,271	23,011	94.81%
WISCONSIN	4,187	3,919	93.60%
OHIO	30,636	28,447	92.85%
ILLINOIS	13,398	12,339	92.10%
IOWA	4,857	4,414	90.88%
MISSOURI	3,219	2,913	90.49%
INDIANA	36,387	32,513	89.35%
MINNESOTA	11,378	10,065	88.46%
Totals:	128,333	117,621	91.65%

EASTERN REGION - ERNEST E. LABERGE (MA)			
Detachment	Goal	Actual	% of Goal
FRANCE	158	155	98.10%
WEST VIRGINIA	2,362	2,252	95.34%
DELAWARE	2,430	2,305	94.86%
MARYLAND	16,058	15,149	94.34%
MAINE	2,617	2,459	93.96%
VERMONT	3,818	3,539	92.69%
PENNSYLVANIA	60,803	56,146	92.34%
NEW HAMPSHIRE	5,677	5,210	91.77%
NEW YORK	29,864	26,719	89.47%
CONNECTICUT	1,867	1,667	89.29%
RHODE ISLAND	336	297	88.39%
MASSACHUSETTS	5,442	4,692	86.22%
NEW JERSEY	9,386	8,009	85.33%
DIST OF COL.	114	67	58.77%
Totals:	140,932	128,666	91.30%

SOUTHERN REGION - RONALD E. ROBERTS (MS)			
Detachment	Goal	Actual	% of Goal
PUERTO RICO	123	131	106.50%
FLORIDA	21,519	20,804	96.68%
GEORGIA	4,490	4,257	94.81%
SOUTH CAROLINA	1,473	1,386	94.09%
VIRGINIA	4,109	3,855	93.82%
TENNESSEE	1,718	1,584	92.20%
NORTH CAROLINA	2,727	2,485	91.13%
LOUISIANA	1,790	1,607	89.78%
ALABAMA	2,066	1,851	89.59%
MISSISSIPPI	722	635	87.95%
KENTUCKY	2,809	1,945	74.55%
ARKANSAS	447	311	69.57%
Totals:	43,793	40,851	93.28%



Snapshots of Service

We need members to send in their photos for the Snapshots of Service program, to be considered for a SAL National award.

The photos must represent one of the Four Pillars:

- Americanism
- Children and Youth
- National Security
- Veterans Affairs and Rehabilitation

Any SAL Squadron may make up to three submissions for each of the Four Pillars categories. Each submission must be sent in JPG format and accompanied by the proper forms. These submission forms can be found on the SAL National website under Publications and Forms.

<https://www.legion.org/sons/publications>

Email the forms and photos to Chairman Kevin Chaplin at sons.public.media+snapshots@gmail.com



Videos of Service

This is our newest contest to bring awareness, to the public, about The Sons of The American Legion using social media platforms.

This is also open to all members of The Sons of The American Legion and though it's similar to the Snapshots of Service, this program uses published social media and a link must be submitted to the SAL's Public and Media Communications Commission by email to Chairman Kevin Chaplin at sons.public.media+video@gmail.com

The submission form can be found on the SAL National website under Publications and Forms.

<https://www.legion.org/sons/publications>

The videos must contain SAL member or members with their covers on or wearing SAL branded clothing during the activity or event that falls under one of three categories.

- Program support
- Community engagement
- Membership and recruitment

The video must be no longer than five minutes in length and published on social media.

The Commission will judge the videos on quality, content, and branding.

The top two entries in each of the three categories will receive a National SAL award.



The month of April is almost here and that means a deadline is near.

April 15 is the submission deadline for the 2023 annual American Legion Media Alliance contest. Thank you to those who have already submitted entries! For those who haven't, you can [easily submit your contest entries here](#).

Remember:

1. The contest is only open and free to members of TALMA. This is a benefit of being a member so use it. If you know of a Legion Family member who has executed contest-worthy content but isn't yet a member, [please send them this link to join](#).
2. Contest entries must have been published during the 2022 calendar year.

3. Any entries submitted after April 15 will not be accepted. Please, don't wait!

If you have any questions, please send an email to talma@legion.org.

I look forward to announcing the 2023 TALMA contest winners and presenting awards at the annual TALMA banquet/luncheon at this year's national convention in Charlotte, N.C. Award recipients not attending the national convention will have their plaque mailed.

Your work on behalf of The American Legion deserves recognition. Let's see those TALMA contest submissions!

David Wallace, Chairman
 The American Legion
 National Media & Communications Commission

Subcommittee on Resolutions

Ned Fox (CA), Chairman

Subcommittee on National Appointments

Donald Allisot, Jr. (ME), Chairman

Veterans Affairs & Rehabilitation Commission

Seth A. Rippe (NE), Chairman
 Fourth Monday of Each Month
 8:00 p.m. Eastern Time

[Join Zoom Meeting](#)

Meeting ID: 941 4100 3972 | 378 079 | (646) 931-3860

Veterans Employment & Education Commission

Jim Coates (NY), Chairman
 Third Wednesday of Each Month
 8:00 p.m. Eastern Time

[Join Zoom Meeting](#)

Meeting ID: 935 4405 3884 | 786 114 | (877) 853-5257



SONS OF THE AMERICAN LEGION



PROUD POSSESSORS OF A PRICELESS HERITAGE

Central Region Extravaganza



2023 marks the first year that a gathering of members in the Central Region is officially taking place. Being held the weekend of April 21 – 23, 2023, CRE23 has a jam-packed line-up of great presenters and speakers. Attendees will learn, participate, have fun, and most importantly, come together to further the mission of the American Legion Family.

The Embassy Suites Airport in Columbus, Ohio is the location of the Extravaganza, and an evening of fun is planned for Saturday night, as plans to visit American Legion Posts in the area have been confirmed, and transportation has been arranged.

Attendance is open to Sons, as well as to Legionnaires and members of the American Legion Auxiliary.

The event flyer appears later in this edition.

To register, please email jeffvrabelsr@gmail.com. Please register early, as there is a limit of fifty participants, and spots are filling up fast.

Hotel reservations must be made directly with the hotel. Use code LDO.

Here is the line-up of our topics and speakers:

Keeping Members Involved

Chuck Castle, Assistant Adjutant
Sons of The American Legion Detachment of Ohio

Building an Effective Youth Program

The American Legion Auxiliary

Obtaining Discharge Documents

Dan Finnell, Past Commander
Sons of The American Legion Detachment of Ohio

CENTCOM Update

Jeff Vrabel, Sr., Past National Vice-Commander
Sons of The American Legion

Public Speaking

Joe Mayne, Past National Commander
Sons of The American Legion

Honoring Veterans in Health Care Facilities

Jeff Vrabel, Jr., Chaplain
Sons of The American Legion Detachment of Ohio

Being a Military Kid & Working with the Media

Stacia Naquin, Anchor, WSYX ABC 6 & WTTE Fox 28
Columbus, Ohio

Servant Leadership

Joseph Paviglianti, Past National Commander
Sons of The American Legion

Be the One

Suicide: Knowing the Signs, Prevention, & Support

Dr. Amberle Prater, PhD, LPCC-S
Suicide Prevention Clinical Lead Supervisor
Nationwide Children's Hospital
Columbus, Ohio

The full agenda appears later in this edition.



Central Region Extravaganza

Columbus, Ohio

Delaware Sons donates iPads

Mike Cotton, Detachment of Delaware



Delaware Squadron 28 members Jim Horn, and Mike Dangerfield donated 10 iPads to the VA home in Milford, DE for the veterans to be able to have face time communications with their family members as part of a program with several Delaware American Legion Rider groups to make donations.

Commander Carlton visits Minnesota

Lou Michaels, Contributor



National Commander Chris Carlton speaking to attendees and guests in Rochester, MN at the Detachment of Minnesota Spring Conference. The event was held at Veterans of Foreign Wars Post 1215 in Rochester, Minnesota.



Past American Legion Riders Director Chuck Stone, Commander Carlton, and Aide to the National Commander David Miller. Commander Carlton and Miller were presented with a challenge coin, which were presented by Stone.



Detachment of Minnesota Commander Tim Weaver and National Commander Chris Carlton.



Minnesota American Legion Riders with Commander Chris Carlton and his Aide, David Miller.

Sons of the American Legion Squadron 294 donates \$40k to help Veterans Outreach of Wisconsin veterans

Rachel Kubik, [The Journal Times](#) | March 27, 2023



Members of the Sons of the American Legion Squadron 294 and Veterans Outreach of Wisconsin pose for a photo with the \$40,000 check for VOW, at 1624 Yout St., Racine, on Friday. The squadron raised the money during a cardboard village sleepout event Feb. 10-11.

photo by Rachel Kubik

RACINE — Every year for the last several years, Veterans Outreach of Wisconsin has received more and more money from Sons of the American Legion Squadron 294.

The squadron on Friday presented Veterans Outreach of Wisconsin a check for \$40,000, money that was raised during a cardboard village sleepout event Feb. 10-11.

During the annual event, the group sleeps in cardboard boxes and small tents in Hartland in Waukesha County to raise awareness about the homeless veteran problem nationwide and accepts cash donations, nonperishable food, and new clothing to split evenly between VOW, 1624 Yout St., Racine, and West Allis-based Milwaukee Homeless Veterans Initiative.

The post, based in Hartland and made up of sons or grandsons of military veterans, has done the sleepout event since 2020 and has raised more than \$190,000 for homeless veterans.

It's the organization's biggest event, said Squadron 294 Commander Mark Pape.

In 2020, the group raised \$20,000. In 2021 the group raised \$40,000 and in 2022 it raised \$55,000.

This year, the squadron raised \$80,000.

"Each year we seem to be getting better at figuring this thing out," Pape said. "This group right here is just an amazing group ... if it weren't for these guys, I don't know what I'd do."



Veterans Outreach of Wisconsin Executive Director Zach Zdroik, left, laughs with Sons of the American Legion Squadron 294 Commander Mark Pape with the \$40,000 check for VOW, at 1624 Yout St., Racine, on Friday.

photo by Rachel Kubik

"The first time we did it, it was like, 'Here's some money,'" Terry Casper of Squadron 294 said. "I like that we've grown into a partnership."

Pape said raising the money makes him feel "fantastic" and "outstanding."

"Just makes you want to cry sometimes," Pape said. "We just try to do our part in helping our veterans that need help the most raise funds and get their lives turned around and back to where they should be in life."

Veterans Outreach of Wisconsin Executive Director Zach Zdroik said the donation will help the organization connect with more veterans, such as connecting them to VOW's tiny homes, marketplace, or line 9 program.

The tiny homes house homeless veterans while supplying them with tools needed to break the cycle of homelessness. The marketplace is VOW's version of a food pantry for veterans and surviving spouses.

The line 9 program helps veterans with safe storage of medication or firearms, employment opportunities, healthcare, or group support.

"The amount they came through with is unbelievable," Zdroik said of the squadron. "It speaks volumes on the community support they receive."

SPORTS

Legion Baseball alumni on the move as 2023 Major League Baseball season opens

The American Legion | March 29, 2023

In a season of changes in Major League Baseball, it's somewhat fitting that last year's AL Cy Young Award winner, American Legion Baseball alumnus Justin Verlander, is in a new environment in 2023.

After helping the Houston Astros win the 2022 World Series, Verlander (Post 201/Powhatan, Va.) signed a two-year, \$86.7 million contract with the New York Mets. The move brings Verlander to the National League for the first time; he spent six seasons with the Astros after beginning his career with the Detroit Tigers.

Also on the move: former Met Jacob deGrom (Post 3/Deland, Fla.), who signed a five-year, \$185 million contract with the Texas Rangers in the offseason. DeGrom is aiming to bounce back from a 2022 season in which he made just 11 appearances in the regular season, with a 5-4 record and 3.08 ERA.



Members of the 2022 American Legion Baseball World Series winning team, the Post 70 Missiles from Troy, Ala., got an opportunity to go shopping at the MLB Team store prior to Game 2 of the 2022 World Series in Houston, Texas.

Meanwhile, last year's National League champion Philadelphia Phillies have several Legion Baseball alumni returning, led by NLCS MVP Bryce Harper (Las Vegas) and catcher J.T. Realmuto (Post 170/Midwest City, Okla.), who hit .500 for Team USA in this spring's World Baseball Classic.

Managers. The 2022 MLB season began with 11 of the 30 managers having played American Legion Baseball. That number is down to seven to begin 2023.

Leading the way is Dusty Baker (Post 412/Fair Oaks, Calif.), whose Astros are one of the favorites to win the World Series again.

Rules changes. Among the changes in Major League Baseball this season are a pitch clock aimed at speeding up games. Infield shifts will be restricted, and bases are bigger as well.

Key dates. Among the key dates this season:

- Lou Gehrig Day, June 2. The American Legion also recognizes Lou Gehrig Day through the Legion Baseball program and a [2021 resolution](#).
- All-Star Game, July 11 in Seattle.
- Playoffs begin, Oct. 3

Notable. Texas Rangers shortstop Corey Seager (Post 115/Kannapolis, N.C.) has been selected as the 2023 American Legion Baseball Graduate of the Year.

Other still active Graduate of the Year honorees include deGrom, Verlander and Milwaukee pitcher Brandon Woodruff (Tupelo (Miss.) 49ers).



Hilary Ott /The American Legion

Palou behind the wheel of No. 10 American Legion Honda this weekend in Texas

The American Legion | March 29, 2023

Coming off an eighth-place finish in the season-opening Firestone Grand Prix of St. Petersburg, Alex Palou will again be sharing The American Legion's "[Be the](#)

[One](#)” veteran suicide-prevention initiative as the NTT INDYCAR SERIES heads to Texas this weekend.

Palou will be driving the Chip Ganassi Racing No. 10 American Legion Honda on Sunday, April 2 in the 250-lap PPG 375 at Texas Motor Speedway. The speedway features 20 degrees of banking in Turns 1 and 2 and 24 degrees of banking in Turns 3 and 4 on the wide racing surface. Palou finished seventh in the PPG 375 last season.

Two-time Indianapolis 500 winner Takuma Sato, a newcomer to Chip Ganassi Racing, also will feature American Legion branding on his No. 11 Honda this weekend. Sato is driving the No. 11 car on oval tracks this season, while teammate Marcus Armstrong will take the wheel on street and road courses.

The weekend broadcast schedule (all times ET):

- Saturday, April 1: practice 9-10 a.m.; qualifications 12:15-1:15 p.m., final practice 1:45-3:30 p.m.
- Sunday, April 2: race coverage begins at noon.

Four Things to Look For at Texas (via INDYCAR)

1. **Round and Round We Go:** The PPG 375 will be the first of five oval races on the 2023 NTT INDYCAR SERIES schedule as well as the 36th INDYCAR SERIES race on the 1.5-mile oval at Texas Motor Speedway. Only Indianapolis Motor Speedway has hosted more INDYCAR SERIES races among current oval tracks. The 28 drivers entered is the most for a race at Texas since 30 drivers were entered for the Firestone Twin 275s in June 2011. And predicting who will wear the cowboy hat and celebrate in Victory Lane is anyone's guess. Underscoring the competitiveness of the series, there have been 23 different drivers to win the 35 races. With a wide-open field of competitive drivers and teams, will another new winner find his way to take the checkered flag in the race?
2. **Dixon Has Been Dominating:** Scott Dixon (No. 9 PNC Bank Chip Ganassi Racing Honda) is the winningest NTT INDYCAR SERIES driver at Texas Motor Speedway, with five victories, and he has won three of the past six and four of the past nine races there. Dixon has led five of the last six race races, 678 of 1,404 laps in all (48.2 percent). That accounts for him being INDYCAR's all-time leader in laps led at this oval with 1,043 laps, more than double the number of the active driver in second place. His average finish in all races at TMS is 6.7. But Dixon is not the only active NTT INDYCAR SERIES driver to succeed at TMS. Six other drivers in this field have won at Texas, including Meyer Shank Racing's Helio

Castroneves (No. 06 AutoNation/SiriusXM Honda), who won on four occasions with Team Penske. Team Penske teammates Will Power (No. 12 Verizon Team Penske Chevrolet) and Josef Newgarden (No. 2 PPG Team Penske Chevrolet) each have earned two of Roger Penske's organization's record 11 victories at the track. Power won in 2011 and 2017, Newgarden in 2019 and 2022. Ed Carpenter (No. 33 Bitnile.com Chevrolet) won in 2014, Graham Rahal (No. 15 Fleet Cost & Care Honda) won in 2016, and Pato O'Ward (No. 5 Arrow McLaren Chevrolet) won the second race of the 2021 doubleheader. The seven previous winners have combined to win 16 of the 35 previous races at TMS.

3. **Texas Ties:** Though reigning NTT INDYCAR SERIES champion Will Power is from Toowoomba, Australia, the two-time series champion, and two-time Texas winner considers TMS to be a home race because his wife, Elizabeth, is from nearby Plano. Power, who claimed his first INDYCAR SERIES oval win at Texas in 2011, is one of several NTT INDYCAR SERIES personalities with ties to the Lone Star State. Pato O'Ward won his first INDYCAR SERIES race at Texas in 2021, but the PPG 375 will also be the only race for the Mexican driver in his adopted home state. O'Ward's family moved to San Antonio when he was 11, and he attended high school there. And Santino Ferrucci drives the famed No. 14 car for Lone Star legend A.J. Foyt and aims to deliver Foyt his first oval win since 2002. Can the Sunnyvale resident take the racing legend's team – run by TCU graduate Larry Foyt – to victory lane in its home state?
4. **Ready, Set, Go To \$1 Million Bonus:** The PeopleReady Force for Good Challenge returns for a second season, and the PPG 375 will be a chance for Marcus Ericsson (No. 8 Huski Chocolate Chip Ganassi Racing Honda) to solidify his chances for the prize. The challenge offered by the industrial staffing giant is a bonus of \$1 million to be awarded to the first NTT INDYCAR SERIES driver who can win on all three unique style of tracks – street circuits, road courses and ovals – this season. With last month's victory in the Firestone Grand Prix of St. Petersburg presented by RP Funding, Ericsson has checked the street circuit box, and the 2022 Indianapolis 500 winner figures to be strong at Texas after finishing third in last year's NTT INDYCAR SERIES event. One INDYCAR SERIES driver has won on each type of track in seven of the past eight seasons, 2021 being the exception. In 2022, Josef Newgarden earned the reward, which offers \$500,000 shared between the driver and his team and \$500,000 presented to their chosen charity. PeopleReady is offering an additional \$10,000 to the winner of every race this season, also to be split with their selected charity.

SQUADRON EVERLASTING

to have a member's information listed here,
please send to jeffrabelsr@gmail.com

Reginald Irving Effort Jr.



Reginald "Reggie" Irving Effort Jr., 84, of Lewes, passed away Thursday, March 23, 2023. He was born Aug. 31, 1938, in North Tarrytown, N.Y., son of the late Reginald I. Effort Sr. and Geraldine Effort.

A proud veteran, Reggie enlisted in the U.S. Air Force after graduating high school and honorably served his country. After his honorable discharge, Reggie began a lifelong career with IBM in the security department, a job he found both rewarding and challenging at times. He married his beloved wife, Patricia Beckett-Effort, Aug. 30, 1991, and together they enjoyed many beautiful years and numerous adventures. An outdoorsman to his core, he enjoyed fishing and traveling, and could often be found playing cards with dear friends and family. He was a dedicated volunteer for many community service groups in White Plains, N.Y., and Delaware, an activity he found most rewarding. Reggie was a proud member of The Sons of the American Legion Post 28 in Millsboro, Amvets Post 2 in Millsboro, Tarrytown Rod and Gun Club, and Tarrytown N.A.A.C.P. Above all, he truly cherished time spent with those he held most dear. Reggie was a loving and caring husband, father, grandfather, brother, and friend. Loved by many, he will be forever missed by all who were fortunate enough to know him.

In addition to his parents, he was preceded in death by his brothers, Melvin, Rodney, Wayne, Dennis, and Carlton. Reggie is survived by his beloved wife of 32 years, Patricia Beckett-Effort; his children, Kendall V. Effort, Reginald Effort III, and Thomas Greene; his grandchildren; his sisters: Lorraine Taylor, Loretta Smith, and Karen Simmons; and his numerous nephews and cousins.

A memorial service will be held at 11 a.m., Tuesday, April 4, at Conley's United Methodist Church, 33106 Jolyns Way, Lewes, where friends may visit beginning at 10 a.m.

Arrangements have been entrusted to Parsell Funeral Homes & Crematorium, Atkins-Lodge Chapel, Lewes.

In lieu of flowers, the family suggests donations in Reggie's memory to the American Heart Association, heart.org/en/get-involved.

Visit Reggie's Life Memorial webpage and sign his virtual guestbook at parsellfuneralhomes.com.



FROM THE EDITOR

Last week, I made two typos in my column regarding National Commander Carlton's homecoming. Two American Legion Posts were misidentified. Although two revisions were sent once the errors were discovered, I want to reprint that column again.

My most sincere apologies to National Commander Carlton and his team, American Legion Post 495, and American Legion Post 64.

Over the weekend, I had the opportunity to travel with Detachment of Ohio Commander Dennis Albright to Indianapolis to attend National Commander Chris Carlton's Homecoming Celebration Weekend.

We had a great time visiting Post 495 on Friday for a dinner at Chris' home Post. On Saturday, it was off early to the Indianapolis Motor Speedway, home of the Indianapolis 500. The next stop was to Speedway Post 500 for lunch, then downtown to the Indiana War Memorial.

The Memorial is a great stop anytime a visit is made to the Hoosier State's capital city. There is a video available about the Memorial, but unfortunately the viewing room was not available during our visit. Anyone wishing to see the video can click [here](#).

After a quick stop back at the hotel, we traveled to Post 64 for the Commander's Homecoming Banquet. There was great representation from across the nation, with great fellowship, great food, and a good time by all.

Congratulations Commander Carlton for an awesome year, and best wishes during the rest of your year!

I want to congratulate our National Membership Committee for their hard work this year. We are ahead of pace by

nearly one month, and we are looking at unprecedented return of membership dues. I think people are starting to get the idea of paying early.

Cards for the new membership year typically are made available to squadrons on or around July first of each year. I have been saying it for four years that when the cards arrive, membership teams at the squadron level should start soliciting payment. Many squadrons took that advice, and it is showing in the current membership numbers.

We need to keep this momentum rolling, as July 1 will be here before we know it. Let's see which squadrons will hit 2024 quota by the time we get to the 2023 National Convention in Charlotte. And don't forget, July is National Membership Independence Month.

Keep up the hard work, and let's see how far above quota we can get!

Honor the Veteran Who Made You Eligible. Renew Today!

Jeff Vrabel, Sr., Editor

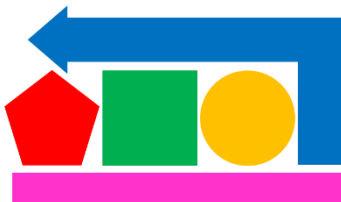
jeffvrabelsr@gmail.com | [Team Vrabel](#)

[click a button for more information](#)

[JOIN THE SAL](#) [BE THE ONE](#) [NEF](#) [DONATE](#) [EMBLEM SALES](#)



Meeting of the Jeffs



There will be a Meeting of the Jeffs on Saturday, April 22, 2023 during the Central Region Extravaganza.

All Jeffs planning to attend the meeting must email jeffvrabelsr@gmail.com.

Jeffs do not need to attend the conference to attend this very important meeting.

Military Puzzle

Theme: Ohio Veterans HOF All Stars

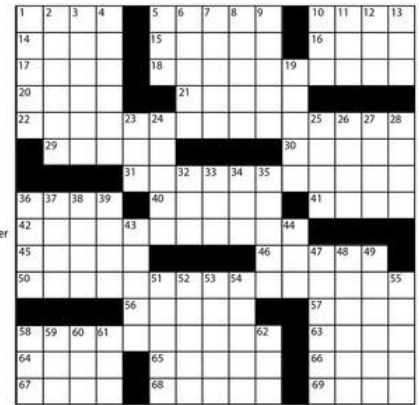
Check for answers in our next newsletter.

ACROSS

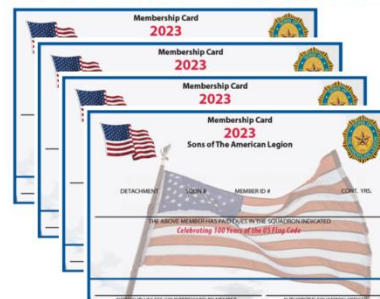
- 1 Unwanted facial feature
- 5 Type of wave
- 10 Cactus-like medicinal plant
- 14 Color pattern on a horse's coat
- 15 Life principle or soul
- 16 Popular PC brand
- 17 Clothing, to a Spaniard
- 18 *1996 HOFer & famous burger peddler
- 20 Sandal maker
- 21 Jamaican way
- 22 *Civil War hero _____ induction was in 1993
- 29 Correct
- 30 Infection that limited FDR
- 31 *Apollo 13 astronaut & 1993 HOFer
- 36 A bean, or a Peruvian city
- 40 First five books of the Bible
- 41 Former flames
- 42 *1993 HOFer Charity who commanded the SixTripleEight
- 45 Took a seat once more
- 46 _____C (Vitamin C)
- 50 *2001 HOFer who was the first woman to walk in space
- 56 Certain reed instruments
- 57 Former Reds pitcher Mario
- 58 *Prominent judge & 1993 HOFer
- 63 Lowfat milk
- 64 The best wines?
- 65 Supply munitions
- 66 Soccer organization
- 67 Affirms with a head bob
- 68 Taco sauce
- 69 Ice cream company

DOWN

- 1 Bow and _____
- 2 Girl Scout offering
- 3 "I love the smell of _____ in the morning..."
- 4 Prop up
- 5 Little bit
- 6 Embrace
- 7 Maria Callas & Renata Tebaldi
- 8 Sri Lankan fashion designer
- 9 Espresso & milk
- 10 "Much _____ About Nothing"
- 11 Lunar module, briefly
- 12 Bribery suffix
- 13 Some Chicago trains
- 19 Silent Marx
- 23 Bad list to be on, for short
- 24 "Let's go out on _____"
- 25 Relocate
- 26 Writer Haley
- 27 Egyptian river
- 28 Ohio's largest craft mall
- 32 Written agreement between two, briefly
- 33 Make a mistake
- 34 Erie Canal mule
- 35 Type of women's dress shoe
- 36 Quest for fun
- 37 Thought bubble
- 38 Ship column
- 39 Chinese nurse
- 43 BGSU's _____ Center
- 44 Fashionable handbag & shoe brand
- 47 Kleenex, for ex.
- 48 Brought to mind
- 49 To confirm or settle
- 51 Scooter handles
- 52 Eve's first daughter, in myth
- 53 Flower bud protector
- 54 Computer enjoys
- 55 "No more" in Mex.
- 58 _____ Diego or Francisco
- 59 "A long time _____"
- 60 Devilish hue
- 61 TV commercials, for ex.
- 62 Store return step, briefly



EVERY CARD COUNTS





National Commander Troiola praises VA Secretary, slams CBO proposal

The American Legion | March 24, 2023

The head of the nation's largest veterans organization double downed on the Secretary of Veterans Affairs' assurances that proposed Congressional Budget Office cuts to the VA budget will not happen.

"In remarks to the media yesterday, Secretary (Denis) McDonough said of proposed cuts 'We don't think that's a good idea ... Nobody inside VA is talking about it, nobody in the executive branch and I haven't heard anything about it from Congress ... We're not going to do it,'" said Vincent "Jim" Troiola, national commander of The American Legion. "The American Legion agrees with Secretary McDonough. Veterans have sweated, bled, and sacrificed for this country. There is absolutely no way The American Legion would allow unelected bureaucrats from the CBO to reverse the hard-fought gains that veterans have made over the last couple of years. The administration and Congress deserve great credit for last year's passage of the PACT Act. The American Legion is committed to ensuring that the promises made to veterans are promises kept."

Troiola pointed out that the CBO is not a deliberating body and does not have the authority to cut veterans benefits. "What I can assure veterans and their families is that The American Legion has a strong legislative team that monitors such proposals, and we would use our loud pulpit to

ensure that members of Congress know that such suggestions should be considered dead on arrival."

\$16 billion for disabled veterans

March 29, 2023

I am so proud of our American Legion service officers. They tirelessly assist veterans with their benefits claims, often guiding them through a complicated maze just to receive the compensation earned through their service.

Consider this: In fiscal year 2022 alone, veterans and other claimants represented by The American Legion received more than \$16 BILLION in VA benefits compensation. In the same fiscal year, the Legion's Board of Veterans' Appeals Unit represented more than 17,000 appellants – helping them to secure more than \$66 MILLION in retroactive VA claims benefits.

It's worth noting that our 3,000 accredited service officers provide this expertise at no cost to the veteran, whether they are a Legionnaire or not. Some organizations charge for this service but do not get better results.

There are countless success stories that we've heard — and many more that we have not. Veterans have received major adjustments in their disability ratings, significant increases in benefits and — perhaps best of all — the reassurance that someone cares enough to help them.

At this time, The American Legion has identified implementing what's outlined in the PACT Act as [one of our key legislative priorities](#). We want to ensure that necessary oversight and proper funding are in place so that VA can fulfill its obligation. That means helping up to 3.5 million veterans affected by toxic contamination. VA has increased staffing to process the influx of new claims, adding nearly 1,900 newly authorized PACT Act positions to handle millions of new disability claims.

Already, more than 300,000 PACT Act claims have been filed since President Biden signed the law last August.

That is great news for our veterans who deserve coverage for their illnesses, injuries and ailments linked to toxic exposure. However, it also means that our service officers will face a significant increase in caseloads.

Let's support our service officers the best we can. I have no doubt that they will continue to serve our brothers and sisters with their gold standard of service that has already brought much needed assistance to millions of other veterans.

And thank you for what you do to improve the lives of our fellow veterans, servicemembers and their families.

Vincent “Jim” Troiola, National Commander
The American Legion



American Legion Post 83 in Merced, Calif., hosted a revitalization event Feb. 17, 2023, where Buddy Checks were conducted.

Training Tuesday: Recorded Buddy Check session now available

The American Legion | March 29, 2023

The American Legion's virtual Training Tuesday March 28 was on Buddy Checks – why the program is important to the organization and examples of how to conduct them. The training was presented by Americanism Division Director Ron Neff. [Listen to the Training Tuesday session here.](#)

“It's the fundamentals of leadership and that performing the Buddy Check is a demonstration of our good nature to always care for our nation's heroes and their communities,” he said. “While the selfless and bold decision to serve our country sets us apart and bans us together, it is also apparent that 99% of our fellow Americans cannot empathize with us, don't understand us and aren't really sure how to help us, no matter how genuine they are and wanting to. This is the space that The American Legion exists, in that space between life after honorable and faithful service and the population who admires and respects us, but without understanding us. Buddy Checks allow us to communicate in tongue only understood by those whose blood runs thick with the selfless selflessness of serving their nation in uniform.”

Neff shared the video of 2019 National Legion College graduate and Maryland Legionnaire John Kilgallon whose daughter, Mary, helped him create a how-to Buddy Check message with a white board as part of his Legion College

homework. The result is a [6-minute video](#) that provides useful tips for posts planning to do Buddy Checks.

He also reminded attendees of the training that Buddy Checks are not about renewing members, collecting dues, or asking for participation in events. “This is the one thing that has to absolutely have no agenda attached to it,” he said. “Because we're not trying to gain something from them, we're asking them if they can gain something from us. Sometimes that's a handshake or a hug or to listen to their story or to just thank them for their service.”

The American Legion [Consolidated Post Report for 2022-2023](#) asks for results of Buddy Checks to be documented “so that further collaboration with the Department of Defense and the Department of Veterans Affairs and others can occur to address veteran needs,” Neff said. “It gives us the ammunition to go in the room with the leadership of these departments and say, ‘Hey, this is how we can help, or this is what we are doing to help’ and they may even be able to reciprocate that help. Reporting also quantifies and validates our commitment to looking out for the welfare and health of our American Legion Family.”

Neff, a retired Marine veteran whose two sons are on active duty and currently deployed with the Marines and Navy, shared that between the three of them they know many servicemembers who have died by suicide. “I say this not to incite sympathy, but to highlight the reality of what our servicemen and women are dealing with today and how the gap between veterans and society is growing wider. The American Legion and the other veteran service organizations need to fill that critical gap.”

Through Buddy Checks, it's an opportunity for American Legion members to implement the Legion's suicide prevention initiative of “[Be the One](#)” and save the life of a veteran. “As Legionnaires, our daily and continuous mission is to take care of other veterans,” Neff said.

A Buddy Check Toolkit is available for members and posts. It explains the program, provides steps to conducting a successful Buddy Check, gives sample scripts and more. [Download it here.](#)

Mistakes are proof
that you're trying.

Ernest Hemingway



Steve DeFeo Facebook photo

Indiana Legion post tops \$100,000 again in donations to Operation Comfort Warriors

The American Legion | March 29, 2023



Throughout the year, Kenneth N Dowden Wayne Post 64 in Indianapolis fundraises for [Operation Comfort Warriors](#) (OCW), an American Legion program that provides comfort

items and recreational opportunities for wounded and sick military personnel and veterans in severe need. In 2022 alone, more than \$363,000 in OCW grants were distributed: 38 to U.S. servicemembers, 10 to American Legion posts or districts, nine to veteran-related events and five to Department of Veterans Affairs medical facilities.

After all the fundraising is complete the post invites American Legion Past National Commander James Koutz – who made OCW his project during his tenure as commander from 2012 to 2013 – to the event.

Since an initial donation of around \$30,000 in 2013, Post 64 has regularly exceeded that, topping \$50,000 multiple times. But at last year's OCW Day at the post, Koutz was astonished to find out the post's American Legion Family had [raised more than \\$106,000 that year](#). But Post 64 was far from finished.

On March 25, during its 2023 OCW Day – with Koutz and his wife, American Legion Auxiliary National President Vickie Koutz, joined by American Legion National Commander Vincent Troiola and Sons of The American Legion National Commander Christopher Carlton – Post 64's Legion Family presented OCW with a donation of \$111,200.

"I didn't think they'd break last year's (donation total). But when it came to \$111,000, I was pretty shocked," PNC Koutz

said. "But they really believe in OCW at Post 64. And it's the entire American Legion Family. It was a great day."

In addition to donations coming from individuals, Post 64 donated \$100,000, its SAL squadron \$5,000, American Legion Riders Chapter 64 \$2,000 and Auxiliary Unit 64 another \$1,500.

Steve DeFeo – Post 64's first vice commander, a District 11 vice commander, and both the Department of Indiana historian and Sons of The American Legion national historian – said Post 64's dedication to Operation Comfort Warriors is in part due to its dedication to Koutz.

"PNC Koutz is one of the driving reasons, because we are so proud of him as a national commander from Indiana," DeFeo said. "He is around the post a lot. We have an affinity for each other, and that affinity translates into helping him as best we can."

But the mission behind OCW also strikes a chord with Post 64's Legion Family. "I think that OCW embodies the spirit of the Legion, of veterans helping veterans," DeFeo said. "If there's an injured veteran in the hospital because he or she has been serving their country, then the least we can do is make them comfortable and help them out the best we can with their recovery."

"All the people that still raise money for Operation Comfort Warriors, they're still into it. They believe in what we do for that program and for our soldiers who have been either injured or wounded or ill – and now going into veteran hospitals and taking care of the people who need help there – I think everything comes together for Operation Comfort Warriors. People really believe in it."

OCW to Sponsor Indy Event. On April 1, Operation Comfort Warriors is providing \$3,750 to sponsor an Irreverent Warriors Silkies Hike in downtown Indianapolis. Around 200 veterans are expected to participate.

Irreverent Warriors is a nonprofit that conducts a variety of therapeutic events across the country. The Silkies Hikes are open to veterans, active-duty military, National Guardsmen, and reservists.

This weekend's hike will take place from 8:30 a.m. to 4:30 p.m. and will start at the Indiana War Memorial, 55 E. Michigan St. Click [here](#) for more information.

REMEMBERING THE GREATEST GENERATION

To honor a World War II Veteran,
please send information to jeffvrabelsr@gmail.com

NATIONAL VETERANS MEMORIAL AND MUSEUM

300 W Broad St | Columbus, OH 43215
(888) 987-6866



April at the Museum

This April for Month of the Military Child, we're shining a spotlight on our military kids and up and coming Veteran poets for National Poetry Month through our partnership with Dead Reckoning Collective. Throughout the month, our programs and events will celebrate the resilience and strength of our military children and share the impact of poetry on mental health and wellbeing. Connect with us in-person and online.

FEATURED EVENTS

RALLY POINT

THE HEART OF DODEA:
CHAMPIONING MILITARY CHILDREN



RALLY POINT

The Heart of DoDEA: Championing Military Children
Saturday, April 1 | 11 a.m. | Virtual

There are more than 1.6 million military-connected children who face challenges and unique experiences at home and abroad. During April, we're celebrating the Month of the Military Child; a time to honor the sacrifices made by military families and the children of our nation's service members. Todd Schlitz, Department of Defense Education Activity (DoDEA) Pacific Chief of Staff, joins us to explore how DoDEA empowers military-connected students to succeed in a dynamic world.





Get your tickets for **Operation HEAL*ARIOUS Comedy Night**
Saturday, April 1 | 7 p.m.

Laugh your way into April with Operation HEAL*ARIOUS Stand-up Comedy Competition. on Saturday, April 1. The Best Medicine Brigade joins us for their first stop in a national contest to find America's funniest Veteran or military spouse. During the competition, enjoy the comedic talents of Air Force Spouse Ashley Gutermuth, U.S. Marine Corps Veteran Doug Bennett and host, U.S. Navy Veteran Stan Shelby.



OPENING NIGHT

A Midshipman's Journey

Friday, April 14 | 6 p.m.

Join us to celebrate the opening of our newest exhibition, *A Midshipman's Journey*. This special evening will begin with light refreshments and hors d'oeuvres followed by remarks from artist Kristin Cronin, U.S. Navy Veteran, and Lt. General Michael Ferriter, U.S. Army (Retired), president and CEO of the National Veterans Memorial and Museum.

MARCH HIGHLIGHTS



Bank of America Cardholder Weekend

April 1 & 2

Calling all Bank of America account and cardholders! Visit the Museum for free during the first weekend of each month when you present your Bank of America card to our Welcome Desk!

THIS MONTH IN HISTORY

Stay connected to key dates in our nation's history.

- April 5: Gold Star Spouses Day
- April 11: National Submarine Day
- April 14: Air Force Reserve Birthday
- April 15: Purple Up! Day
- April 23: Army Reserves Birthday
- April 30: National Military Brats Day





Deadline to Nominate Veterans for the Hall of Fame is June 1

COLUMBUS, OH – The deadline for submitting nominations for the Ohio Veterans Hall of Fame is fast approaching and we want to hear from those who know former service members who are excelling and making a difference in society.

The Hall of Fame recognizes those who served in the U.S. Armed Forces and continue to contribute to our communities, state, and nation through exceptional acts of volunteerism, advocacy, professional distinction, public service, or philanthropy.



Each year, the Ohio Veterans Hall of Fame inducts up to 20 veterans based on recommendations from an Executive Committee of veterans from throughout the state and approval from the Governor of Ohio.

The deadline to submit nomination forms for consideration for the 2023 class of the Ohio Veterans Hall of Fame is June 1. Please don't delay.

Chances are you know a veteran who continues to serve selflessly in their post-military life — a former service member who is going above and beyond to impact others. *(Note: The Hall of Fame also can accept nominations for those who would be inducted posthumously.)*

To be considered, the veteran must meet the following criteria:

- Be a past or current Ohio resident

- Have received an honorable discharge
- Be of good moral character

This Hall of Fame sets the standard for recognizing Ohio's veterans for accomplishments beyond their military service. In addition, it is a fitting way to say, "thank you for your service to our nation and thank you for your continued service to our communities."

Again, the nomination deadline is June 1, 2023. Guidelines, a sample nomination, and more information are available at our [Hall of Fame Nomination page](#).

[Learn more about the Ohio Veterans Hall of Fame and see the complete list of inductees.](#)

THE AMERICAN LEGION FAMILY

7th Annual Department of Connecticut American Legion Family "FUN" Bowling Tournament



Sunday April 30, 2023, 1pm - Practice begins 1:15pm

Bowl-O-Rama
2143 Berlin Turnpike
Newington, CT

Tournament is open to all American Legion Family members and guests.

We ask that each Team provide a prize for the Raffle Table.

**Fundraiser for Connecticut's Candidate for
National Commander Jim LaCoursiere**

If you want to Bowl but don't have a Team, sign-up anyway, we will make room for you!

Only **20** Lanes are currently reserved.

\$25.00 per person: Includes shoe rental, 3 Games of Bowling and Pizza.

Please return this portion with the Names in the order you will be bowling and send in by April 21, 2023.

Mail Checks Payable to: "American Legion Dept. of CT"

The American Legion, Dept. of Connecticut
864 Wethersfield Avenue
Hartford, CT 06114

Team Name			Check#
Name	Post/Unit	District	Team Captain Contact Information
1.)			
2.)			
3.)			
4.)			



**Membership is
no laughing
matter.
PLEASE
RENEW
TODAY!!!**



Sons of The American Legion Membership Application

Detachment of _____ Squadron No. _____ Birth Date _____ Date _____

Name _____ Recruited by _____ (Initial) _____ (Last) _____

Address _____ (First) _____ (Initial) _____ (Last) _____

_____ (Street) _____ (City) _____ (State) _____ (Zip)

E-mail Address _____ Telephone _____

Veteran through whom eligibility is established _____

(a) Above is a member in good standing of Post No _____, Dept. of _____

OR (b) Above is a deceased veteran who served honorably from _____ to _____

(c) Relationship of Applicant to Veteran _____

I hereby subscribe to the Constitution of the Sons of The American Legion, apply for membership, and transmit \$ _____ as annual membership dues.

Signed _____ (By Applicant or Parent)

Eligibility certified by _____ (Post Adjutant)

00-001 (2013)

RECEIPT

Date _____

Received of _____

For God and Country _____

\$ _____ in payment of dues for 20 _____ in

Squadron _____, Detachment of _____

By _____



I SUPPORT



WALK-A-THON 2023

"THEY MARCHED FOR US,
LET'S WALK FOR THEM"

DONOR'S NAME

Proceeds to benefit SAL sponsorship of NYS VA programs for Homeless Veterans, and for VA&R programs sponsored by the Legion Auxiliary

Come and join the Suffolk County American Legion

as we walk for those who march for us.

Proceeds will benefit Homeless Veteran Programs at each of the 13 Medical Centers in NYS operated by the Dept of Veteran Affairs as well as the 4 Veteran homes in NYS operated by the NYS Dept of Health, and the 1 Veteran home operated by the State University of N.Y. The Auxiliary will focus on the Honor Flight Network of Hubs in N.Y.

Please consider making a donation to support our mission.

Make checks payable to the Suffolk County American Legion.

Mail checks to Joseph Loeffler AL Post 1006 Attn: Chris Cerullo

198 First Street Brentwood, N.Y. 11717

Deadline for collections is May 7th 2023.

For further information please contact Chris Cerullo (347)418-7172

Auxiliary: Tara Montebello (631)290-0979

Riders: David Isaccs (631)495-8822

1920s Slang

"And How" – to agree strongly

"Bearcat" – strong-willed women

"Bees Knees" – that's amazing

"Berries" – the best

"Big Cheese" – the boss

"Bluenoses" – an individual who is a killjoy

"Butt Me" – asking for a cigarette

"Cash" – a kiss

"The Cat's Meow" – it is the best

"Clams" – money

"Dolled Up" – to dress up (women)

"Don't take any wooden nickels" – don't do anything stupid

"Ducky" – very good

"Horsefeathers" – nonsense

"Giggle Water" – alcohol or booze

"Hotsy-Totsy" – perfect

"Jalopy" – an old car

"Joint" – a place/business

"Know Your Onions" – to stay up to date on the latest news

"Nifty" – that's great or excellent

"Now you're on the trolley" – Now you've got it

"Pipe Down" – be quiet

"Ritzy" – elegant and stylish

"Spify" – to dress up (male)

"Swanky" – same as ritzy but about a place

"Tell It To Sweeny" – to say something untrue

"Zozzled" – to be drunk

 @SonsNE

Sons of The American Legion
Detachment of Nebraska

CORNHOLE Tournament

**SATURDAY
JUNE 24TH**

**American Legion
Post #52**
1223 Central Avenue
Kearney, NE

**5:30 PM SIGN UP
6:30 PM START**

Proceeds will be donated to
the Omaha Fisher House.

\$20 PER TEAM
Age 16 and under **FREE**
DOUBLE ELIMINATION
**No partner, no worries, we
will get you matched up!



“THE BEST THING ABOUT A PICTURE IS
THAT IT NEVER CHANGES, EVEN WHEN
THE PEOPLE IN IT DO.”

ANDY WARHOL

LIGHT STALKING



**Attendance
Matters!**

1 or 2 days a week doesn't seem like much, but...

If your child misses....	That equals...	Which is...	And over 13 years of schooling that's...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 1/2 years
1 day per week	40 days per year	8 weeks per year	Over 2 1/2 years of school
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How does being tardy affect learning?

He/she is only missing just....	That equals...	Which is...	And over 13 years of schooling that's...
10 minutes per day	50 minutes per week	Nearly 1 1/2 weeks per year	Nearly 1/2 year
20 minutes per day	1 hr. 40 min per week	Over 2 1/2 weeks per year	Nearly 1 year
30 minutes per day	Half a day per week	4 weeks per year	Nearly 1 1/2 years
1 hour per day	1 day per week	8 weeks per year	Over 2 1/2 years

EVERYDAY COUNTS

1 or 2 days a week doesn't seem like much, but if you want your child to be successful at school then, YES, attendance **does** matter!



Honor Our Veterans!

Who have passed with a Final Rifle Salute
with the
Dayton National Cemetery Honor Squad

Volunteers Needed

(Military service not required)
Uniform Provided
Training Provided
Lunch Provided

The commitment is for one day a week and a desire to honor veterans. (Vacations allowed)

Contact Dayton National Cemetery Honor Squad
(937) 387.8648
Megan: 937-532-3972
meggyjb@yahoo.com



07/01/23



JOHN R. COOK

Candidate for SAL
National Vice Commander
2023 – 2024
61 Nacomia Drive
Madison, NH 03849
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cooki46@roadrunner.com

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for information

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Thank You
to our Sponsors

Place your ad today

Don't miss out

First Annual Central Region Extravaganza

Friday, April 21, 2023

5:30 p.m. – 7:30 p.m.

Embassy Suites Complimentary Manager Reception

Dinner on your own

Saturday, April 22, 2023

7:30 a.m. – 10:30 a.m.

Embassy Suites Complimentary made-to-order breakfast

8:00 a.m. – 8:45 a.m.

Registration

8:45 a.m. – 9:00 a.m.

Opening & Announcements

9:00 a.m. – 9:30 a.m.

Keeping Members Involved

Chuck Castle, Assistant Adjutant, Sons of The American Legion Detachment of Ohio

9:30 a.m. – 10:30 a.m.

Building an Effective Youth Program

The American Legion Auxiliary

10:30 a.m. – 11:00 a.m.

Obtaining Discharge Documents

Dan Finnell, Past Commander, Sons of The American Legion Detachment of Ohio

11:30 a.m. – 12:15 p.m.

Lunch

CENTCOM Update

Jeff Vrabel, Sr., Past National Vice-Commander, Sons of The American Legion

12:15 p.m. – 1:00 p.m.

Public Speaking

Joe Mayne, Past National Commander, Sons of The American Legion

1:00 p.m. – 2:00 p.m.

Honoring Veterans in Health Care Facilities

Jeff Vrabel, Jr., Chaplain, Sons of The American Legion Detachment of Ohio

2:00 p.m. – 2:30 p.m.

Being a Military Kid & Working with the Media

Stacia Naquin, Anchor, WSYX ABC 6 & WTTE Fox 28, Columbus, Ohio

2:30 p.m. – 2:45 p.m.

Break

2:45 p.m. – 3:15 p.m.

Servant Leadership

Joseph Paviglianti, Past National Commander, Sons of The American Legion

3:15 p.m. – 4:30 p.m.

Be the One – Suicide: Knowing the Signs, Prevention, & Support

Dr. Amberle Prater, Ph.D, LPCC-S, Suicide Prevention Clinical Lead Supervisor

Nationwide Children's Hospital, Columbus, Ohio

4:30 p.m.

Announcements & Closing

5:00 p.m. – 5:30 p.m.

Meeting of the Jeffs

5:30 p.m. – 7:30 p.m.

Embassy Suites Complimentary Manager Reception

6:30 p.m. – 8:30 p.m.

Trip to American Legion Don Gentile Post 532, Columbus, Ohio

Food provided by Post 532

8:30 p.m. – ???

Trip to American Legion Southway Post 144, Columbus, Ohio

Live Music with Fire Creek Band

Transportation provided V.A.T. Incorporated

Sunday, April 23, 2023

7:30 a.m. – 10:30 a.m.

Embassy Suites Complimentary made-to-order breakfast



Central Region Extravaganza

Columbus, Ohio

03/30/23		2023 NATIONAL MEMBERSHIP STANDINGS				
Region	Goal	Actual	Needed for Quota	Percent	Increase	Quota Date
1 Southern 1, 2, 3, 4, 5, 6, 7, 8	43,793	40,851	(2,942)	93.28%	378	
2 Central 1, 3, 4, 5, 6, 7, 8	128,333	117,621	(10,712)	91.65%	824	
3 Eastern 4, 5, 6, 7, 8	140,932	128,666	(12,266)	91.30%	759	
4 Midwest 1, 3, 4, 5, 6, 7, 8	28,918	26,050	(2,868)	90.08%	207	
5 Western 1, 4, 5, 6, 7	25,822	23,056	(2,766)	89.29%	237	
TOTALS 1, 4, 5, 6, 7, 8	367,798	336,244	(31,554)	91.42%	2,405	



03/30/23		2023 CENTRAL REGION STANDINGS David Mennell (MI), National Vice-Commander						
Detachment	Goal	Actual	Needed for Quota	Percent	Increase	Renewal Rate	National Rank	Quota Date
1 Michigan 4, 5, 6, 7, 8	24,271	23,011	(1,260)	94.81%	40	94.81%	11	
2 Wisconsin 1, 2, 3, 4, 5, 6, 7, 8	4,187	3,919	(268)	93.60%	79	81.26%	16	
3 Ohio 1, 4, 5, 6, 7, 8	30,636	28,447	(2,189)	92.85%	58	84.74%	17	
4 Illinois 1, 2, 3, 5, 6, 7, 8	13,398	12,339	(1,059)	92.10%	94	82.74%	22	
5 Iowa 1, 3, 4, 5, 6, 7, 8	4,857	4,414	(443)	90.88%	44	79.95%	29	
6 Missouri 1, 2, 3, 4, 5, 6, 7, 8	3,219	2,913	(306)	90.49%	5	79.26%	30	
7 Indiana 1, 3, 4, 5, 6, 7	36,387	32,513	(3,874)	89.35%	185	81.20%	38	
8 Minnesota 5, 6, 7	11,378	10,065	(1,313)	88.46%	319	80.34%	41	
TOTALS 1, 2, 3, 4, 5, 6, 7, 8	128,333	117,621	(10,712)	91.65%	824			

03/30/23		2023 WESTERN REGION STANDINGS Jack Youngs (ID) National Vice-Commander						
Detachment	Goal	Actual	Needed for Quota	Percent	Increase	Renewal Rate	National Rank	Quota Date
1 Hawaii 1, 2, 3, 4, 5, 6, 7, 8, 9, Q, 10	77	93	16	120.78%	-	100.00%	1	10/10/22
2 Oregon 1, 2, 3, 4, 5, 6, 7, 8	1,414	1,355	(59)	95.83%	4	75.82%	7	
3 Arizona 5, 6, 7	8,004	7,278	(726)	90.93%	93	72.08%	28	
4 Idaho 1, 2, 3, 4, 5, 7, 8	644	582	(62)	90.37%	2	72.35%	31	
5 Washington 7	2,485	2,235	(250)	89.94%	10	70.23%	32	
6 Nevada 4, 5, 6, 7	357	321	(36)	89.92%	1	67.40%	33	
7 Alaska 3, 6	1,608	1,443	(165)	89.74%	4	71.39%	35	
8 California 1, 5, 6, 7	10,714	9,355	(1,359)	87.32%	123	72.72%	46	
9 Phillippines	70	55	(15)	78.57%	-	77.94%	51	
10 Utah 5	449	339	(110)	75.50%	-	61.05%	52	
TOTALS 1, 4, 5, 6, 7	25,822	23,056	(2,766)	89.29%	237			

03/30/23		2023 SOUTHERN REGION STANDINGS Ron Roberts (MS), National Vice-Commander						
Detachment	Goal	Actual	Needed for Quota	Percent	Increase	Renewal Rate	National Rank	Quota Date
1 Puerto Rico 1, 2, 3, 4, 5, 6, 7, 8, 9, Q	123	131	8	106.50%	-	85.95%	3	03/02/23
2 Florida 1, 3, 4, 5, 6, 7, 8	21,519	20,804	(715)	96.68%	267	78.33%	6	
3 Georgia 1, 2, 3, 4, 5, 6, 7, 8	4,490	4,257	(233)	94.81%	20	79.82%	10	
4 South Carolina 4, 5, 6, 7, 8	1,473	1,386	(87)	94.09%	4	79.10%	13	
5 Virginia 4, 5, 6, 7, 8	4,109	3,855	(254)	93.82%	18	79.73%	15	
6 Tennessee 1, 3, 4, 5, 6, 8	1,718	1,584	(134)	92.20%	-	74.41%	20	
7 North Carolina 1, 2, 3, 4, 5, 6, 7, 8	2,727	2,485	(242)	91.13%	20	74.19%	27	
8 Alabama 1, 2, 3, 4, 5, 6, 7	2,066	1,851	(215)	89.59%	2	76.03%	36	
9 Louisiana 1, 2, 3, 4, 5, 6, 7	1,790	1,607	(183)	89.78%	13	79.90%	34	
10 Mississippi 1, 3, 4, 5, 6, 7	722	635	(87)	87.95%	1	74.73%	44	
11 Kentucky	2,609	1,945	(664)	74.55%	22	63.32%	53	
12 Arkansas 1	447	311	(136)	69.57%	11	58.96%	54	
TOTALS 1, 2, 3, 4, 5, 6, 7, 8	43,793	40,851	(2,942)	93.28%	378			

03/30/23		2023 MIDWEST REGION STANDINGS Michael Kirschner (CO), National Vice-Commander						
Detachment	Goal	Actual	Needed for Quota	Percent	Increase	Renewal Rate	National Rank	Quota Date
1 South Dakota 1, 2, 3, 4, 5, 6, 7, 8, 9, Q, 10	1,362	1,480	118	108.66%	15	86.70%	2	02/09/23
2 Mexico 1, 2, 3, 4, 5, 6, 7, 8, 9, Q	31	32	1	103.23%	-	51.61%	4	03/13/23
3 North Dakota 1, 3, 4, 5, 7, 8	1,056	973	(83)	92.14%	12	81.02%	21	
4 Nebraska 1, 3, 4, 5, 6, 7, 8	7,015	6,441	(574)	91.82%	34	86.92%	23	
5 Kansas 3, 4, 5, 6, 7, 8	5,919	5,417	(502)	91.52%	58	81.34%	25	
6 Colorado 1, 2, 3, 4, 5, 6, 7, 8	2,729	2,496	(233)	91.46%	3	77.84%	26	
7 New Mexico	1,483	1,317	(166)	88.81%	43	70.88%	40	
8 Montana 1, 3, 4, 5, 6, 7	1,108	975	(133)	88.00%	2	81.74%	43	
9 Oklahoma 1, 2, 3, 4, 5, 6, 7	1,348	1,181	(167)	87.61%	1	68.66%	45	
10 Texas 1, 3, 4, 5	5,569	4,663	(906)	83.73%	33	68.14%	49	
11 Wyoming 1, 4, 5, 6	1,298	1,075	(223)	82.82%	6	72.60%	50	
TOTALS 1, 3, 4, 5, 6, 7, 8	28,918	26,050	(2,868)	90.08%	192			

03/30/23		2023 EASTERN REGION STANDINGS Ernie LaBerge (MA) National Vice-Commander						
Detachment	Goal	Actual	Needed for Quota	Percent	Increase	Renewal Rate	National Rank	Quota Date
1 France 1, 2, 3, 4, 5, 6, 7, 8	158	155	(3)	98.10%	-	87.82%	5	
2 West Virginia 4, 5, 6, 7, 8	2,362	2,252	(110)	95.34%	60	78.21%	8	
3 Delaware 1, 3, 4, 5, 6, 7, 8	2,430	2,305	(125)	94.86%	16	80.11%	9	
4 Maryland 1, 3, 4, 5, 6, 7, 8	16,058	15,149	(909)	94.34%	126	84.32%	12	
5 Maine 5, 6, 7, 8	2,617	2,459	(158)	93.96%	117	80.88%	14	
6 Vermont 1, 3, 4, 5, 6, 7, 8	3,818	3,539	(279)	92.69%	50	83.81%	18	
7 Pennsylvania 4, 5, 6, 7, 8	60,803	56,146	(4,657)	92.34%	181	84.24%	19	
8 New Hampshire 4, 5, 6, 7, 8	5,677	5,210	(467)	91.77%	4	80.12%	24	
9 New York 4, 5, 6, 7	29,864	26,719	(3,145)	89.47%	79	81.27%	37	
10 Connecticut 4, 5, 6, 7	1,867	1,667	(200)	89.29%	66	79.16%	39	
11 Rhode Island 4, 5, 7	336	297	(39)	88.39%	3	75.45%	42	
12 Massachusetts 4, 6, 7	5,442	4,692	(750)	86.22%	33	75.95%	47	
13 New Jersey 2, 3, 4, 5, 6, 7	9,386	8,009	(1,377)	85.33%	24	75.62%	48	
14 Dist. of Columbia	114	67	(47)	58.77%	-	46.90%	55	
TOTALS 4, 5, 6, 7, 8	140,932	128,666	(12,266)	91.30%	759			

03/30/23		2023 SUPER SIX STANDINGS						
Detachment	Goal	Actual	Needed for Quota	Percent	Increase	Renewal Rate	National Rank	Quota Date
1 Florida 1, 3, 4, 5, 6, 7, 8	21,519	20,804	(715)	96.68%	267	78.33%	6	
2 Michigan 4, 5, 6, 7, 8	24,271	23,011	(1,260)	94.81%	40	83.10%	11	
3 Ohio 1, 4, 5, 6, 7, 8	30,636	28,447	(2,189)	92.85%	58	84.74%	17	
4 Pennsylvania 5, 6, 7, 8	60,803	56,146	(4,657)	92.34%	181	84.24%	19	
5 New York 4, 5, 6, 7	29,864	26,719	(3,145)	89.47%	79	81.27%	37	
6 Indiana 1, 3, 4, 5, 6, 7	36,387	32,513	(3,874)	89.35%	185	81.20%	38	
TOTALS	203,480	187,640	(15,840)	92.22%	810			

National Totals 4, 5, 6, 7, 8	367,798	336,244	(31,554)	91.42%	2,405	80.64%		
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Q Quota

- 1 Met 09/14/22 goal of 10%
- 2 Met 10/13/22 goal of 25%
- 3 Met 11/09/22 goal of 35%
- 4 Met 12/14/22 goal of 45%
- 5 Met 01/19/23 goal of 60%
- 6 Met 02/15/23 goal of 75%
- 7 Met 03/15/23 goal of 80%
- 8 Met 04/19/23 goal of 90%
- 9 Met 05/17/23 goal of 100%
- 10 Met 07/16/23 goal of 105%



SONS OF THE AMERICAN LEGION
CHILD WELFARE FOUNDATION (CWF) - DONATIONS REPORT

PAGE 1 OF 2

DETACHMENT	2022 DONATIONS (FINAL)	2022 MEMBERSHIP (FINAL)	2023 CWF GOAL (FINAL)	2023 DONATIONS (CURRENT)	% OF GOAL	DONATIONS PER CAPITA
AL - ALABAMA	\$ 2,786.00	2,053	\$ 2,053.00	\$ 1,200.00	58.5%	\$ 0.58
AK - ALASKA	\$ 3,200.00	1,627	\$ 1,627.00	\$ 1,678.00	103.1%	\$ 1.03
AZ - ARIZONA	\$ 12,170.00	8,076	\$ 8,076.00	\$ 12,884.00	159.5%	\$ 1.60
AR - ARKANSAS		441	\$ 441.00	\$ 700.00	158.7%	\$ 1.59
CA - CALIFORNIA	\$ 6,842.48	10,728	\$ 10,728.00	\$ 1,383.56	12.9%	\$ 0.13
CO - COLORADO	\$ 23,235.00	2,784	\$ 2,784.00	\$ 5,130.00	184.3%	\$ 1.84
CT - CONNECTICUT	\$ 1,580.82	1,856	\$ 1,856.00	\$ 1,100.00	59.3%	\$ 0.59
DE - DELAWARE	\$ 1,950.00	2,433	\$ 2,433.00	\$ 250.00	10.3%	\$ 0.10
DC - DIST OF COL		113	\$ 113.00		0.0%	\$ -
FL - FLORIDA	\$ 23,230.00	21,568	\$ 21,568.00	\$ 19,421.00	90.0%	\$ 0.90
FR - FRANCE		156	\$ 156.00	\$ 100.00	64.1%	\$ 0.64
GA - GEORGIA	\$ 11,789.00	4,452	\$ 4,452.00	\$ 1,560.00	35.0%	\$ 0.35
HI - HAWAII	\$ 1,016.00	75	\$ 75.00	\$ 300.00	400.0%	\$ 4.00
ID - IDAHO	\$ 1,001.00	645	\$ 645.00	\$ 200.00	31.0%	\$ 0.31
IL - ILLINOIS	\$ 11,697.83	13,348	\$ 13,348.00	\$ 4,539.78	34.0%	\$ 0.34
IN - INDIANA	\$ 32,645.05	35,836	\$ 35,836.00	\$ 2,125.00	5.9%	\$ 0.06
IA - IOWA	\$ 2,300.00	4,836	\$ 4,836.00	\$ 304.00	6.3%	\$ 0.06
KS - KANSAS	\$ 5,800.00	5,859	\$ 5,859.00	\$ 425.00	7.3%	\$ 0.07
KY - KENTUCKY		2,586	\$ 2,586.00		0.0%	\$ -
LA - LOUISIANA	\$ 4,692.20	1,773	\$ 1,773.00	\$ 2,410.00	135.9%	\$ 1.36
ME - MAINE	\$ 2,610.00	2,596	\$ 2,596.00	\$ 100.00	3.9%	\$ 0.04
MD - MARYLAND	\$ 3,100.00	16,051	\$ 16,051.00	\$ 830.00	5.2%	\$ 0.05
MA - MASSACHUSETTS	\$ 4,011.00	5,500	\$ 5,500.00	\$ 5,621.00	102.2%	\$ 1.02
MX - MEXICO		31	\$ 31.00		0.0%	\$ -
MI - MICHIGAN	\$ 8,688.33	24,311	\$ 24,311.00	\$ 8,062.00	33.2%	\$ 0.33
MN - MINNESOTA	\$ 17,625.09	11,289	\$ 11,289.00	\$ 7,606.91	67.4%	\$ 0.67
MS - MISSISSIPPI	\$ 6,476.00	725	\$ 725.00	\$ 187.00	25.8%	\$ 0.26
MO - MISSOURI	\$ 2,332.00	3,197	\$ 3,197.00	\$ 750.00	23.5%	\$ 0.23
MT - MONTANA	\$ 1,550.00	1,076	\$ 1,076.00	\$ 867.00	80.6%	\$ 0.81
NE - NEBRASKA	\$ 7,638.00	6,913	\$ 6,913.00	\$ 4,845.00	70.1%	\$ 0.70
NV - NEVADA	\$ 4,326.00	360	\$ 360.00	\$ 1,850.00	513.9%	\$ 5.14
NH - NEW HAMPSHIRE	\$ 6,634.00	5,811	\$ 5,811.00	\$ 2,488.78	42.8%	\$ 0.43
NJ - NEW JERSEY	\$ 13,902.00	9,364	\$ 9,364.00	\$ 3,350.00	35.8%	\$ 0.36
NM - NEW MEXICO	\$ 200.00	1,504	\$ 1,504.00	\$ 4,900.00	325.8%	\$ 3.26
NY - NEW YORK	\$ 4,620.00	29,905	\$ 29,905.00	\$ 11,681.00	39.1%	\$ 0.39
NC - NORTH CAROLINA	\$ 5,921.00	2,698	\$ 2,698.00	\$ 4,581.75	169.8%	\$ 1.70
ND - NORTH DAKOTA		1,051	\$ 1,051.00		0.0%	\$ -
OH - OHIO	\$ 6,646.25	30,144	\$ 30,144.00	\$ 8,377.80	27.8%	\$ 0.28
OK - OKLAHOMA		1,343	\$ 1,343.00		0.0%	\$ -
OR - OREGON	\$ 8,214.33	1,428	\$ 1,428.00	\$ 2,087.00	146.1%	\$ 1.46
PA - PENNSYLVANIA	\$ 38,798.86	60,612	\$ 60,612.00	\$ 13,501.44	22.3%	\$ 0.22
PI - PHILIPPINES	\$ 350.00	67	\$ 67.00	\$ 75.00	111.9%	\$ 1.12
PR - PUERTO RICO	\$ 263.00	121	\$ 121.00	\$ 10.00	8.3%	\$ 0.08
RI - RHODE ISLAND	\$ 350.00	330	\$ 330.00		0.0%	\$ -
SC - SOUTH CAROLINA	\$ 4,106.00	1,485	\$ 1,485.00	\$ 1,500.00	101.0%	\$ 1.01
SD - SOUTH DAKOTA	\$ 1,447.81	1,360	\$ 1,360.00	\$ 1,451.85	106.8%	\$ 1.07
TN - TENNESSEE	\$ 2,985.00	1,683	\$ 1,683.00	\$ 1,693.44	100.6%	\$ 1.01
TX - TEXAS	\$ 17,953.97	5,584	\$ 5,584.00	\$ 12,590.39	225.5%	\$ 2.25
UT - UTAH	\$ 185.00	442	\$ 442.00	\$ 475.00	107.5%	\$ 1.07
VT - VERMONT	\$ 8,875.23	3,830	\$ 3,830.00	\$ 1,950.00	50.9%	\$ 0.51
VA - VIRGINIA	\$ 6,532.00	4,079	\$ 4,079.00	\$ 16,077.00	394.1%	\$ 3.94
WA - WASHINGTON	\$ 1,480.00	2,504	\$ 2,504.00	\$ 1,675.00	66.9%	\$ 0.67
WV - WEST VIRGINIA	\$ 4,900.00	2,404	\$ 2,404.00	\$ 3,227.25	134.2%	\$ 1.34
WI - WISCONSIN	\$ 707.00	4,173	\$ 4,173.00	\$ 705.00	16.9%	\$ 0.17
WY - WYOMING	\$ 6,250.00	1,295	\$ 1,295.00		0.0%	\$ -
NATIONAL HQ	\$ 4,176.00		\$ -	\$ 3,699.91		
GRAND TOTALS:	\$ 349,789.25	366,511	\$ 366,511.00	\$ 182,526.86	49.8%	\$ 0.50

SONS OF THE AMERICAN LEGION
CHILD WELFARE FOUNDATION (CWF) - DONATIONS BY REGION

PAGE 2 OF 2

DETACHMENT	2022 DONATIONS (FINAL)	2022 MEMBERSHIP (FINAL)	2023 CWF GOAL (FINAL)	2023 DONATIONS (CURRENT)	% OF GOAL	DONATIONS PER CAPITA
EASTERN REGION						
CONNECTICUT	\$ 1,580.82	1,856	\$ 1,856.00	\$ 1,100.00	59.3%	\$ 0.59
DELAWARE	\$ 1,950.00	2,433	\$ 2,433.00	\$ 250.00	10.3%	\$ 0.10
DIST OF COL	\$ -	113	\$ 113.00	\$ -	0.0%	\$ -
FRANCE	\$ -	156	\$ 156.00	\$ 100.00	64.1%	\$ 0.64
MAINE	\$ 2,610.00	2,596	\$ 2,596.00	\$ 100.00	3.9%	\$ 0.04
MARYLAND	\$ 3,100.00	16,051	\$ 16,051.00	\$ 830.00	5.2%	\$ 0.05
MASSACHUSETTS	\$ 4,011.00	5,500	\$ 5,500.00	\$ 5,621.00	102.2%	\$ 1.02
NEW HAMPSHIRE	\$ 6,634.00	5,811	\$ 5,811.00	\$ 2,488.78	42.8%	\$ 0.43
NEW JERSEY	\$ 13,902.00	9,364	\$ 9,364.00	\$ 3,350.00	35.8%	\$ 0.36
NEW YORK	\$ 4,620.00	29,905	\$ 29,905.00	\$ 11,681.00	39.1%	\$ 0.39
PENNSYLVANIA	\$ 38,798.86	60,612	\$ 60,612.00	\$ 13,501.44	22.3%	\$ 0.22
RHODE ISLAND	\$ 350.00	330	\$ 330.00	\$ -	0.0%	\$ -
VERMONT	\$ 8,875.23	3,830	\$ 3,830.00	\$ 1,950.00	50.9%	\$ 0.51
WEST VIRGINIA	\$ 4,900.00	2,404	\$ 2,404.00	\$ 3,227.25	134.2%	\$ 1.34
Total:	\$ 91,331.91	140,961	\$ 140,961.00	\$ 44,199.47	31.4%	\$ 0.31

CENTRAL REGION						
ILLINOIS	\$ 11,897.83	13,348	\$ 13,348.00	\$ 4,539.78	34.0%	\$ 0.34
INDIANA	\$ 32,645.05	35,836	\$ 35,836.00	\$ 2,125.00	5.9%	\$ 0.06
IOWA	\$ 2,300.00	4,836	\$ 4,836.00	\$ 304.00	6.3%	\$ 0.06
MICHIGAN	\$ 8,688.33	24,311	\$ 24,311.00	\$ 8,062.00	33.2%	\$ 0.33
MINNESOTA	\$ 17,625.09	11,289	\$ 11,289.00	\$ 7,606.91	67.4%	\$ 0.67
MISSOURI	\$ 2,332.00	3,197	\$ 3,197.00	\$ 750.00	23.5%	\$ 0.23
OHIO	\$ 6,646.25	30,144	\$ 30,144.00	\$ 8,377.80	27.8%	\$ 0.28
WISCONSIN	\$ 707.00	4,173	\$ 4,173.00	\$ 705.00	16.9%	\$ 0.17
Total:	\$ 82,641.55	127,134	\$ 127,134.00	\$ 32,470.49	25.5%	\$ 0.26

WESTERN REGION						
ALASKA	\$ 3,200.00	1,627	\$ 1,627.00	\$ 1,678.00	103.1%	\$ 1.03
ARIZONA	\$ 12,170.00	8,076	\$ 8,076.00	\$ 12,884.00	159.5%	\$ 1.60
CALIFORNIA	\$ 6,842.48	10,728	\$ 10,728.00	\$ 1,383.56	12.9%	\$ 0.13
HAWAII	\$ 1,016.00	75	\$ 75.00	\$ 300.00	400.0%	\$ 4.00
IDAHO	\$ 1,001.00	645	\$ 645.00	\$ 200.00	31.0%	\$ 0.31
NEVADA	\$ 4,326.00	360	\$ 360.00	\$ 1,850.00	513.9%	\$ 5.14
OREGON	\$ 8,214.33	1,428	\$ 1,428.00	\$ 2,087.00	146.1%	\$ 1.46
PHILIPPINES	\$ 350.00	67	\$ 67.00	\$ 75.00	0.0%	\$ 1.12
UTAH	\$ 185.00	442	\$ 442.00	\$ 475.00	107.5%	\$ 1.07
WASHINGTON	\$ 1,480.00	2,504	\$ 2,504.00	\$ 1,675.00	66.9%	\$ 0.67
Total:	\$ 38,784.81	25,952	\$ 25,952.00	\$ 22,607.56	87.1%	\$ 0.87

DETACHMENT	2022 DONATIONS (FINAL)	2022 MEMBERSHIP (FINAL)	2023 CWF GOAL (FINAL)	2023 DONATIONS (CURRENT)	% OF GOAL	DONATIONS PER CAPITA
SOUTHERN REGION						
ALABAMA	\$ 2,786.00	2,053	\$ 2,053.00	\$ 1,200.00	58.5%	\$ 0.58
ARKANSAS	\$ -	441	\$ 441.00	\$ 700.00	158.7%	\$ 1.59
FLORIDA	\$ 23,230.00	21,568	\$ 21,568.00	\$ 19,421.00	90.0%	\$ 0.90
GEORGIA	\$ 11,789.00	4,452	\$ 4,452.00	\$ 1,560.00	35.0%	\$ 0.35
KENTUCKY	\$ -	2,586	\$ 2,586.00	\$ -	0.0%	\$ -
LOUISIANA	\$ 4,692.20	1,773	\$ 1,773.00	\$ 2,410.00	135.9%	\$ 1.36
MISSISSIPPI	\$ 6,476.00	725	\$ 725.00	\$ 187.00	25.8%	\$ 0.26
NORTH CAROLINA	\$ 5,921.00	2,698	\$ 2,698.00	\$ 4,581.75	169.8%	\$ 1.70
PUERTO RICO	\$ 263.00	121	\$ 121.00	\$ 10.00	8.3%	\$ 0.08
SOUTH CAROLINA	\$ 4,106.00	1,485	\$ 1,485.00	\$ 1,500.00	101.0%	\$ 1.01
TENNESSEE	\$ 2,985.00	1,683	\$ 1,683.00	\$ 1,693.44	100.6%	\$ 1.01
VIRGINIA	\$ 6,532.00	4,079	\$ 4,079.00	\$ 16,077.00	394.1%	\$ 3.94
Total:	\$ 68,780.20	43,664	\$ 43,664.00	\$ 49,340.19	113.0%	\$ 1.13

MIDWEST REGION						
COLORADO	\$ 23,235.00	2,784	\$ 2,784.00	\$ 5,130.00	184.3%	\$ 1.84
KANSAS	\$ 5,800.00	5,859	\$ 5,859.00	\$ 425.00	7.3%	\$ 0.07
MEXICO	\$ -	31	\$ 31.00	\$ -	0.0%	\$ -
MONTANA	\$ 1,550.00	1,078	\$ 1,078.00	\$ 867.00	80.6%	\$ 0.81
NEBRASKA	\$ 7,638.00	6,913	\$ 6,913.00	\$ 4,845.00	70.1%	\$ 0.70
NEW MEXICO	\$ 200.00	1,504	\$ 1,504.00	\$ 4,900.00	325.8%	\$ 3.26
NORTH DAKOTA	\$ -	1,051	\$ 1,051.00	\$ -	0.0%	\$ -
OKLAHOMA	\$ -	1,343	\$ 1,343.00	\$ -	0.0%	\$ -
SOUTH DAKOTA	\$ 1,447.81	1,360	\$ 1,360.00	\$ 1,451.85	106.8%	\$ 1.07
TEXAS	\$ 17,953.97	5,584	\$ 5,584.00	\$ 12,590.39	225.5%	\$ 2.25
WYOMING	\$ 6,250.00	1,295	\$ 1,295.00	\$ -	0.0%	\$ -
Total:	\$ 64,074.78	28,800	\$ 28,800.00	\$ 30,209.24	104.9%	\$ 1.05

NATIONAL HQ:	\$ 4,176.00		\$ -	\$ 3,699.91		
GRAND TOTAL:	\$ 349,789.25	366,511	\$ 366,511.00	\$ 182,526.86	49.8%	\$ 0.50

SAL DONATIONS AS OF: MARCH 31, 2023

2022 SAL MEMBERSHIP AS OF: DECEMBER 31, 2022 (FINAL)

